

## MPMSC SEADRAGONS 5<sup>TH</sup> ANNUAL INTERCLUB

Saturday 28th March 2026

## YAWA AQUATIC CENTRE

100 Besgrove Street, Rosebud 3939 25m Indoor Pool

**Warmup** 1.00pm for 1:45pm **Start** Finish by / at 7 pm.

Supper provided following the meet. Vegetarian, vegan and gluten-free options available

Cost \$45.00 per person incl supper and admin costs.

Swimmers choose meal options if not Regular, in SC.

Non-Swimmers - Please Email Rob Wilson - at the email below - about meals.

Online entries via <a href="https://mastersswimmingvic.org.au/events/">https://mastersswimmingvic.org.au/events/</a> Are you attending the <a href="https://mastersswimmingvic.org.au/events/">National Championships</a> in April/May?

Why not use this interclub as practice for your events at the Brisbane Aquatic Centre?

A maximum of 4 individual events from the following timed events:

- 1. 50m Freestyle
- 2. 50m Backstroke
- 3. 50m Butterfly
- 4. 50m Breaststroke
- 5. 100m Freestyle
- 6. 100m Backstroke
- 7. 100m Butterfly
- 8. 100m Breaststroke
- 9. 100 Individual Medley

## Also

10. 8\*50m Freestyle Novelty Relay - Multiclub (one or more reps from at least 4 clubs in each relay). Closest to - but not faster than - nominated time. Entry on the day.

Results for individual events are calculated from aggregate points for individual events (including multiclass).

All swimmers must be financial members of MSV/MSA and be over 18 years of age. Interstate, International, and multiclass swimmers are welcome.

Refunds will not be possible after entries have closed. Closing date: Sunday 22<sup>nd</sup> March 11:59pm

Further information: Rob Wilson Club.Coach@mpmastersswimming.com.au

