



**COMMUNITY BANK -
BALNARRING & DISTRICT
MPMSC SEADRAGONS
5TH ANNUAL INTERCLUB**

Saturday 28th March 2026

YAWA AQUATIC CENTRE

100 Besgrove Street, Rosebud 3939
25m Indoor Pool

Warmup 1.00pm for 1:45pm **Start**
Finish by 7pm

Supper provided following the meet.

Vegetarian, vegan and gluten-free options available

Cost \$45.00 per person incl supper and admin costs.

Swimmers choose meal options if not Regular, in Swim Central.

Non-Swimmers - Please Email Rob Wilson - at the email below - about meals.

Online entries via <https://mastersswimmingvic.org.au/events/>

Are you attending the [National Championships](#) in April/May?

Why not use this interclub as practice for your events at the Brisbane Aquatic Centre?

A maximum of 4 individual events from the following timed events:

1. 50m Freestyle
2. 50m Backstroke
3. 50m Butterfly
4. 50m Breaststroke
5. 100m Freestyle
6. 100m Backstroke
7. 100m Butterfly
8. 100m Breaststroke
9. 100 Individual Medley

Also

10. 8*50m Freestyle Novelty Relay - Multiclub (one or more reps from at least 4 clubs in each relay). Closest to - but not faster than - nominated time. Entry on the day.

Results for individual events are calculated from aggregate points for individual events (including multiclass).

All swimmers must be financial members of MSV/MSA and be over 18 years of age. Interstate, International, and multiclass swimmers are welcome.

Refunds will not be possible after entries have closed. Closing date: Sunday 22nd March 11:59pm

Further information: Rob Wilson Club.Coach@mpmastersswimming.com.au

