



# Masters Swimming Victoria

## Annual Report 2019





## **3.1 PRESIDENTS REPORTS**

### **GOVERNANCE**

Masters Swimming Victoria has a small executive committee which endeavours to strategically lead the organisation. The participants contribute an enormous amount to masters swimming as a whole, and I would like to thank them for their continued work and support, ideas and enthusiasm.

- Rachael Cairns – Vice President (Boroughcouthas)
- Tim Boness – Finance Director (Powerpoints)
- Paul Watmough – Acting Recording Director (Surrey Park/Victorian Masters)
- Neil Mitchell – Technical Director (Victorian Masters)
- Steve Bottomley - Coaching Director (Malvern Marlins)
- Rosa Montague – Committee Member (Powerpoints)
- Leanne Sheean – Committee Member (Doncaster Dolphins)

Thank you to all of the Board Members and Club Delegates who have attended the committee meetings throughout the year – your attendance and support is greatly appreciated. The board meets every second month, and the management committee meet in the alternate month, thereby covering the whole year.

### **COMPETITIONS AND EVENTS**

MSV held 3 successful Championships in 2019 MSV with a total of 566 swimmers taking part and 4 MSV clubs held their popular Interclub Meets. In 2019 both the Yarra Roughies and Warrnambool Whales held successful 100x100's. Surrey Park Seahorses again held there revived Baddaginnie Animal Swim – Postal Swim

### **MSV GALA**

The inaugural Gala held on the 3 August and was well attended and was enjoyed by all. Thank you to Neil Mitchell and team who organised it all.

### **iSwim MASTERS SHOWCASE**

Partner events held in conjunction with Swimming Victoria (SV) iSwim Masters Relay Showcase – was held on the 28 October at the Australian Short Course Championships with MSV Teams: Yarra Roughies, Powerpoints, Glamourhead Sharks, Malvern Marlins and IGLA Melb2020. There were teams from Bucky Beavers, Black Line Fever and MSAC Lap Club taking part as well. A great time was had by everyone involved.

### **GREAT VICTORIAN SWIM SERIES**

This is run by Cousins Tours & Travel and Light on Landscape with support from MSV.

The MSV 2018-19 Open Water Swimming Trophy was won once again by the Boroughcouthas. The 2019-20 Series see's 2 trophy's being awarded: TOP CLUB AWARD: every MSV member who swims-counts! Even just one swim. The more swimmers and more swims, the better the club's chances. HIGH PERFORMANCE AWARD: to celebrate the special achievements of our masters swimmers. Every podium place wins points for the club for this award.

### **2019 MSA SWIM SERIES**

Congratulations to the 14 MSV swimmers who won their age category in the 2019 MSA Swim Series - out of 1435 swimmers from across Australia. MSV once again topping the list of winners across the Branches. MSV swimmers sure like to travel!

- John Cocks (VMV) won his age group (M80 – 84) for the sixth consecutive year and topped the points table for the third year. He deserved to with his attendance at 6 Series Meets.
- Dorothy Dickey (VDC) won her age group (F85-89) for the fifth consecutive year.
- Darius Schultz (VPP) won his age group for the fourth time

## **MSA NATIONALS – 19-23 MARCH 2019 (MSSA AS HOSTS)**

86 MSV Members registered for the MSA Nationals (Malvern Marlins had the largest contingent of registered swimmers with 31 followed by Powerpoints with 28) MSA National Championship Trophies won by MSV Clubs:

- Founders Trophy: Malvern Marlins
- Runner-Up Trophy – Powerpoints
- Age Group Trophies
  - 120 - 159 - Powerpoints
  - 160 - 199 - Powerpoints (with University of Queensland)
  - 200 - 239 - Malvern Marlins
  - 240 – 279 - Malvern Marlins
  - 280 - 319 - Malvern Marlins
  - 320 - 359 - Malvern Marlins

Finances The annual result is a net loss of \$831 after depreciation of \$2,359 and overall, the organization is in a good financial health.

## **SPECIAL MENTIONS**

- Pam Kempson, Leigh Rodgers, Pat Baker and Janette Jeffrey (Malvern Marlins) broke the World record for the (280-319) 4 x 200 freestyle relay.
- Patrick Galvin was a very well deserved Finalist in the 2018 Vicsport Involve Creative Victorian Masters Athlete of the Year
- Victorian Masters and Multiclass swimmer - Ben Morrison won a Gold Medal for the 5 km Swim in the Australian OW Championships in Adelaide and a Gold medal at the Special Olympics World Games in Abu Dhabi
- MSV members/Clubs who support the MS 24 Hour Mega Swims around Victoria.
- Swimmers from Doncaster Dolphins, Goulburn Valley Crocs and Heidelberg Flyers did MSV proud competing in the Rottneest Channel Swim (WA)
- Rod Watkins Malvern Marlins, Duncan Cleary Powerpoints and Jodie Quinn Boroughcouthas (as part of a team) all successfully completed their crossings of the English Channel. Dee Greenwood (VSP) made a valiant crossing attempt.
- Rod Watkins also completed the 20 Bridge Swim around Manhattan Island NY
- Warrnambool Whales celebrated their 30th Anniversary
- Powerpoints turned 40 in 2019
- Casey Seals Janette Gooley won 2 x Gold, 2 x Silver and a Bronze at the European Masters Games
- Goulburn Valley Crocs Coach Willy O'Callaghan had the Indoor Aquatic Environment re-named the Willy O'Callaghan Pool Hall and was inducted into the Shepparton Sporting Hall of Fame
- Gippsland Flippers Don Coupe was posthumously inducted into the Latrobe City Sporting Legends Hall of Fame
- 10 Years MSA Conspicuous Service - Paul Watmough
- MSV Ambassador Dr Geoff Toogood was presented with the 2019 AMA President's Award.

## **18TH FINA WORLD MASTERS CHAMPIONSHIPS – GWANGJU**

MSV had 31 Swimmers who competed in South Korea and out of 122 medals: 45 Gold medals, 42 Silver medals and 35 Bronze medals brought home from MSA members our incredible MSV Members won 24 Gold, 15 Silver and 15 Bronze.

- Patrick Galvin (Malvern Marlins) broke a Championship Record
- Malvern Marlins team of Patrick Galvin, Tony Goodwin, Gerry Tucker and John Cocks also broke 2 Championship Records.
- Many PB's were swum as well.

## **VORGEE MILLION METRES**

Congratulations to:

- 1 Million - Peter Duggan (North Lodge & Malvern Marlins)
- 1 Million - Jenny Hookey (Surrey Park Seahorses)
- 3 Million—Peter Lord (Surrey Park Seahorses)
- 4 Million—Dee Greenwood (Surrey Park Seahorses)
- 4 Million—Darryl Flukes (Surrey Park Seahorses)

## **ACKNOWLEDGEMENTS**

Thank you to:

- Sponsors, Vorgee and The Way Funky Company (Funky Trunks & Funkita)
- MSV Ambassadors: Linley Frame (pool competitions) and Dr Geoff Toogood (Mental Health Advocate)
- Cousins Tours and Travel
- Noeleen, Sarah, Kath & Gerard at the National Office
- MSV members and Clubs - A BIG Thank you!

**SUSIE KEMPSON**

MSV PRESIDENT

## **3.2 RECORDING DIRECTORS REPORT**

Another successful year for recording within the Victorian Branch.

While the Melbourne Sports and Aquatic Centre remains the pre-eminent venue for the majority of State meets (Long Course, Short Course & Relay Carnival), we are still looking for alternative locations to run other State Championships.

### **THE MSV CHAMPIONSHIPS IN 2019 WERE:**

MSV LC: 196 swimmers from 26 clubs – 9 from Interstate (second of the 2019 MSA 2019 Swim Series)

MSV SC: 202 swimmers from 24 clubs

MSV Relay Championships: 168 swimmers from 9 clubs

Was held on the MSAC 24 August 2019 with 168 swimmers from 9 clubs with the Battle of Divisions. This is where clubs are ranked according to their relative size and then are pitted against others with similar memberships to win their division.

### **2019 THE BATTLE OF DIVISIONS WINNERS WERE:**

Division 1: Malvern Marlins for the 4th year in a row

Division 2: Brunswick Belugas who moved up a Division

Division 3: Surrey Park Seahorses

### **COMPETITIONS COMMITTEE**

The Recording Director is also the lead of the competitions committee. The competitions committee has the role of: Timing (dates) and recommendation/approval of inter-club meets and Timing and recommendation of State meets.

### **INTER-CLUBS AND CLUB EVENTS**

2019 saw a resurgence of inter-club meets with four MSV clubs holding their popular Interclub Meets. The 27th Marlins Interclub, the Casey Seals Splash, the Frankston Interclub and Powerpoints Summer Smash. In 2019 both the Yarra Roughies and Warrnambool Whales held successful 100x100's. Surrey Park Seahorses revival of the Baddaginnie Animal Swim – Postal Swim (held yearly from 1 April - 30 June) is going from strength to strength.

With the exception of the Relay Carnival; all State Championships are now Multi-Class (MC) events. The numbers of MC swimmers attending have increased and all attending have an enjoyable time. MC participation reinforces the Masters philosophy of inclusivity, but at the same time, allows MC swimmers to achieve awards in their own right.

### **PAUL WATMOUGH**

Acting Recording Director

### **3. 3 TECHNICAL DIRECTOR REPORT**

Once again it is with gratitude that we acknowledge a small band of dedicated volunteers who have contributed so much to officiate at club, state and national events. The happy and positive spirit of our officials lends so much to Masters Swimming being about Fitness, Friendship and Fun.

2019 has been a year of consolidation for MSV with the 'bedding down' of multi-class swimming. The National Technical Committee has reviewed the MSA rules to include the FINA Multi Class rules.

Continued cooperation with Swimming Victoria has included shared online resources and a seat at the table of the SV Technical Officials Development Committee. It is pleasing that officials from both bodies have taken opportunities to assist each other at swim meets.

Officials from MSV have continued to strengthen links with the Special Olympics movement by volunteering at their meets. We are delighted to be able to assist and are constantly impressed with the level of competition and the spirit of this movement that is so capably held together by volunteers and the families of the swimmers.

It is interesting to note that many different swim meets call for officials to have differing skill sets and a heightened ability to work within the spirit of a particular meet. We are fortunate at MSV to have officials that are not only aware of this but who also have the experience and ability to rise to the occasion in an unassuming manner.

The training framework for MSA officials is 'competency based' which includes an ongoing reaccreditation process every four years. This means that all officials review their skills and knowledge and are assessed for each official role on a regular basis. This can be a logistical challenge given the limited number of swim meets and the small band of officials; but this process was continued in 2019.

Succession planning is important in any volunteer organisation and it has been a strong theme for the past few years in MSV. So it is with much gratitude and confidence in a positive future that I step aside as MSV Technical Director.

Many thanks for the support and encouragement that I have received from so many in MSV; it has certainly been a privileged opportunity to serve. I am not going too far away and plan to officiate in the knowledge that there are others who will very capably continue a great tradition.

**NEIL MITCHELL**

Technical Director

## **Finance Report 2019 – Tim Boness**

Welcome to the Finance report for twelve months ended 31 December 2019 for Masters Swimming Victoria.

This financial report is lodged with Consumer Affairs Victoria. All Business Activity Statements have been lodged with the ATO and paid on the due date. MSV does not lodge a tax return and is not required to pay tax.

Masters Swimming Australia continues to service MSV and the administration fees are annually adjusted using CPI. Thank you to Noeleen, Kath and Gerard for all their work.

Thank you again to Susie Kempson and the board for all their work also.

### **Income**

The membership numbers at year end remain steady and were as follows:

**2017** – 1178

**2018** - 1146

**2019** - 1112

The Swim Meet Committee again planned the year out very well. Swim meet revenue for the year was down, but swim meet expenses were down also.

For marketing, the \$5,000 paid to Swimming Victoria last year was replaced by \$4,505 paid to rara Pr.

### **Profit and Loss**

A Net loss of \$831 (\$4,613 loss last year) was recorded.

This loss included depreciation of \$2,359 and stock used for medal and ribbon presentations of \$3,068.

### **Balance Sheet**

MSV current assets declined by \$1,560. Current liabilities reduced by \$3,088.

So working capital remains strong.

The total equity reduced by the loss of \$831.

There were no other capital acquisitions in 2019.

In accordance with the MSV constitution and current Consumer Affairs guideline, we again decided that an audit was not required for the 2019 year.

All the best for 2020. It is proving to be a challenging one.

Stay safe and well.

Regards

**Tim Boness**

**Finance Director**



**MASTERS SWIMMING VICTORIA INC**

**FINANCE REPORT**  
**For the year ended**  
**31 December 2019**

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# Masters Swimming Victoria

## Income Statement

### For the year ended 31 December 2019

	31-Dec-19	31-Dec-18
<b>Income</b>		
	\$	\$
Club Affiliation fees	660	680
Interest	1,595	541
Member registrations	43,902	42,892
Swim Meets	18,739	27,199
Training courses	906	2,183
Social Events	2,703	-
Sponsorship & grants	-	1,129
<b>Total Income</b>	<b>68,505</b>	<b>74,624</b>
<b>Expenses</b>		
Administration fee to MSA	32,208	31,474
Affiliation fee	586	568
Bank Charges	1,768	1,347
Board expenses	457	534
Clubs online admin fee	1,794	2,617
Computers expenses	-	1,288
Depreciation	2,359	3,960
Event costs	1,524	-
Filing Fees	58	56
Insurance	120	100
Marketing expenses	4,505	434
Printing	644	292
Rent	2,259	2,197
Room hire	59	238
Sports Development Officer	-	5,000
Swim Meet Expenses	20,056	28,430
Training Courses	939	702
<b>Total Expenses</b>	<b>69,336</b>	<b>79,237</b>
<b>NET SURPLUS/ (DEFICIT)</b>	<b>(831)</b>	<b>(4,613)</b>

The accompanying notes form part of these financial statements.

# Masters Swimming Victoria

## Balance Sheet

### As at 31 December 2019

	Note	Dec-19 \$	Dec-18 \$
<b>Assets</b>			
<b>Current Assets</b>			
Cash	2	97,711	95,934
Accounts Receivable		2,046	2,314
Inventory		5,997	9,065
<b>Total Current Assets</b>		<b>105,752</b>	<b>107,312</b>
<b>Non Current assets</b>			
Property, plant & equipment	3	0	2,359
<b>Total Non Current assets</b>		<b>0</b>	<b>2,359</b>
<b>Total Assets</b>		<b>105,752</b>	<b>109,671</b>
<b>Liabilities</b>			
<b>Current Liabilities</b>			
Trade and other creditors	4	6,338	8,569
GST Liabilities		415	1,272
<b>Total Liabilities</b>		<b>6,753</b>	<b>9,841</b>
<b>Net Assets</b>		<b>98,999</b>	<b>99,830</b>
<b>Equity</b>			
Accumulated funds	5	98,999	99,830
<b>Total Equity</b>		<b>98,999</b>	<b>99,830</b>

The accompanying notes form part of these financial statements.

**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31ST DECMEBR 2019**

**STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES**

**1 Accounting policies**

These financial statements are a special purpose financial report prepared in order to satisfy the accounts preparation requirements of the Associations Incorporation Reforms Act 2012.

The committee have determined that the Masters Swimming Victoria Inc is not a reporting entity and therefore there is no need to apply Australian Accounting Standards or mandatory professional reporting requirements in the preparation and presentation of the financial statements.

The financial report has been prepared on an accruals basis and is based on historical costs modified by the revaluation of selected non current assets, financial assets and financial liabilities for which the fair value basis of accounting has been applied.

The following specific accounting policies, which are consistent with previous periods unless otherwise stated, have been adopted in the preparation of this financial report.

**(a) Property, Plant and Equipment**

Each class or property, plant and equipment is carried at cost or fair value less where applicable, any accumulated depreciation and impairment losses.

The depreciable amount of all fixed assets is depreciated on a straight line basis over their useful lives commencing from the time the asset is held ready for use.

**(b) Medals on hand**

Stock of medals is measured at the lower of cost and net realisable value

**(c') Revenue**

Swim meets, club affiliation fees, members registrations and training courses revenue are recognised when the entity obtains control over the funds, which is generally at the time of receipt.

Interest revenue is recognised using the effective interest method, which for floating rate financial assets is the rate inherent in the instrument

**(d) Goods and Services tax (GST)**

Revenue, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense.

Receivables and payables in the balance sheet are shown including of GST.

**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31ST DECMEBR 2019**

1 (e) Comparatives

Certain comparative figures have been reclassified to conform with the financial statement presentation adopted for the current year.

	<b>Dec-19</b>	<b>Dec-18</b>
	<b>\$</b>	<b>\$</b>
<b>2 Cash</b>		
Commonwealth bank- cheque account	24,282	9,834
Commonwealth bank- on line saver	15,062	18,693
Commonwealth bank- debit card account	935	948
Commonwealth bank- term deposit	57,028	50,482
ANZ- cheque account	404	15,977
	<u>97,711</u>	<u>95,934</u>
<b>3 Property, Plant and Equipment</b>		
Plant and Equipment	49,498	49,498
Accumulated depreciation	(49,498)	(47,139)
	<u>0</u>	<u>2,359</u>
<b>4 Trade and other creditors</b>		
Trade creditors	0	150
Unearned income	6,339	8,419
	<u>6,339</u>	<u>8,569</u>
<b>5 Accumulated Funds</b>		
Accumulated fund brought forward	99,830	104,443
Net income / (loss) for the period	(831)	(4,613)
	<u>98,999</u>	<u>99,830</u>
Closing balance		

## **Statement by Committees**

In accordance with a resolution of the Committee of the Masters Swim Victoria Inc., we state that:

In the opinion of the Committee, the financial report as set out on pages 1 to 4:

- (a) presents fairly the financial position of Masters Swimming Victoria as at 31 December 2019 and its performance for the year ended on that date in accordance with the  
(i) accounting policies outlined in Note 1 to the financial statements.
- (b) satisfy the requirements of the Association Incorporation Reform Act 2012.  
to prepare a financial report.
- (c) at the date of this statement, there are reasonable grounds to believe that Masters Swimming Victoria Inc will be able to pay its debts as and when they become due and payable.

On behalf of the Committee

Committee Member \_\_\_\_\_

*J. Brown*

Committee Member \_\_\_\_\_

Dated 26/01/2020

## **3.6 MSV ADMINISTRATION REPORT**

### **ADMINISTRATION**

Masters Swimming Australia has continued to service MSV throughout 2019. Kath Davis continued as Administrator, Gerard Russell as Book keeper, and Anna Yelland as a casual Communications person. MSA's General Manager Noeleen Dix retired in July 2019 and we welcomed Sarah Pisterman into that role and have enjoyed working with her and look forward to her management of the team and direction to MSA and all the Branches.

### **MEMBERSHIP**

The Membership of Masters Swimming Victoria decreased slightly in 2019 with 1112 first claim members down from 1119 in 2018. MSV welcomed back Ballarat Masters Swimming Club and also welcomed new clubs Melbourne2020, Melton Swimming Club and Wantirna Croydon.

### **SOCIAL MEDIA**

The MSV website, online e-newsletter and regular Facebook updates are the primary communication resources for MSV, providing members and clubs with timely and up to date information. At the end of 2019 MSV had 1197 followers on Facebook, up from 1120 at the end of 2018. We posted over 250 times on the MSV Facebook page. The most popular posts from Social media and the e-news remain ones about what members and clubs are up to.

For example:

- The second Swim Series Event is ours to host ! Let's make it the best
- Great pledge Roughies! Including 35kms by Sarah who is training for the English channel. We love seeing all the Masters making pledges
- Are you tackling the Lorne Pier to Pub Lorne Mountain to Surf this Saturday - then check out this video that shares the secrets of some of the veterans of the swim.
- Can you swim 50 mts of Butterfly
- MSV Ambassador – Linley Frame shares her Long Story Short
- Great to see the Swirls in Action at the Nationals
- Barry Carp (H2O) post – carry the flag at Pan America Maccabi Games
- Marlins and Icebergs member Carol Spencer-Gardner showing Sunrise reporter the benefits of swimming
- VIN swimmers at the SC Championships

As we continue to develop our social media resources we encourage our audience to continue their support by sharing their stories and photos, tagging #mastersswimmingvictoria #msv #fitnessfriendshipfun.

### **AMBASSADOR PROGRAM**

MSV was pleased to welcome back Linley Frame (VVC) and to introduce Dr Geoff Toogood (VPP) as Ambassadors of MSV for 2019. Linley continues to pave the way for swimmers in and out of the water as a Facilitator of Beyond the Black Line. Geoff is a cardiologist who singlehandedly started an international movement to encourage doctors to openly discuss their mental health struggles - #CrazySocks4Docs

### **COACHING**

In 2019 MSV had 4 New Coaches accredited and 3 Coaches reaccredited which brought to the total accredited in 2019 to 42. MSV held a Club Coach Course at Harold Holt in 2019 to 12 participants. It was run by Bruce Allender and Simon Crowther and 2 attendees have already been accredited. A Coaches FB group has been set-up to assist communication with Victorian Coaches.



## 2019 SWIM SERIES

### MSV Winners of 2019 Swim Series

Place	Name	Club	Total Meets	Award Points
30-34	REBECCA ADRIAN	VSC	3	3075
55-59	DAPHNE BRIGGS	VMV	3	2722
60-64	DEE SHEFFRIN	VDC	4	4830
65-69	SUE BOEKEL	VMV	3	2245
70-74	ROSA MONTAGUE	VPP	3	2576
85-89	DOROTHY DICKY	VDC	2	1192
90-94	MARION BEULKE	VFR	2	777
25-29	DARIUS SCHULTZ	VPP	3	3635
35-39	ARK SENDECKY	VGS	2	1355
40-44	DEAN SHARD	VPP	3	3071
55-59	MARK HUGGINS	VMV	3	2776
65-69	MICHAEL DALY	VPP	5	5453
80-84	JOHN COCKS	VMV	6	10909
85-89	PATRICK GALVIN	VMV	3	2397

## 2019 Boroughcoutas

The Boroughcoutas had another big year in 2019. The club had lots of success in the open water with the 'Coutas winning the Great Victorian Swim Series and countless wins and places across the many open water races held across Victoria and interstate. The club welcomed Bruce Allender to our coaching team for our Tuesday evening squad. Like every year, the club had its annual pilgrimage to Noosa for the Swim Noosa festival in May. A group also headed to Tasmania for the Dark Mofo Nude swim in June. The big highlights from this year include:

### Club secretary Jodie Quinn relayed the English channel

Jodie managed to land in France after successfully swimming the English Channel with her relay team pacing over 3 km/hour for the whole swim. They were one of Chloe McCardel's fastest four person relays with all members swimming the equivalent of a marathon.

### Geezers are international champs

Club captain Mark Stone with two other 'Coutas, Mike Nichol and Alan Collett showed the Americans how to swim in a bit of chop. The three English men affectionately known as the Geezers competed in the Alcatraz Invitational in San Francisco. Mark came first in the wetsuit category, Alan came first in the skins for their age group. Mike placed ninth in the skins. Mark placed second overall for the wetsuit category.

### Short Course Championships

The club fielded a team at the short course championships at MSAC in July. A great day was had by all. The club registered in 56 races and won 29 of them.

### Social events

As always, the club managed to fit in quite a few social events including -

- Two movie nights - Swimming with Men; and Amazing Grace
- Our relay rumble where club coach Toby Durden sets up fun and fiendish relays during a Sunday squad session.
- The Broken Flipper Handicap is one of the club's open water social swims held annually in Point Lonsdale. Chris Jones took out this year's title.
- Lunches at Little Creatures Geelong and One Day Estate on the Bellarine Peninsula.





## Casey Seals Annual Report April 2020

The Casey Seals had an interesting year in 2019. We got a new coach, were forced to a new time at training and chose a new logo. A number of our long-time squad regulars moved on, but we gained quite a few new regulars. It certainly wasn't uneventful.

Open Water Swimming continues to be a big focus at the club. Our Victorian OWS Calendar is still the go-to source of event information and the Open Water Award was hotly contested, with 18 swimmers doing over 150kms in 95 swims.

The Seals Splash was a great success again last year, with 100 entries showing that the Victorian swimmers still love the interclub events. A huge thank-you to all the MSV officials who are so vital in keeping these events running.

We chose a new logo early in the year. The old one had a couple of refreshes over the last 17 years but this was a totally new look.

Jan Gooley had another successful overseas trip bringing back lots of bling. This time it was the European Masters Games in Torino, Italy, where she got 2 Gold, 2 Silver and a Bronze.

The Open Water Trophy went to Molly Thwaites, Swimmer Of The Year (based on adjusted FINA points which include long-distance non-freestyle) went to Ebony Ebenwaldner (again!), Most Improved was John Barton and Coach's Award went to Julian Prendergast.

Our squad at Casey ARC remains a core focus for the club, providing a social aspect as well as fitness. After 3 great years, Sean Chaplin had to stop coaching us in April, so Jen Veres came back until we found a new coach. We had a stroke of luck when one of our members was running a life-saving course with Stewart Nicoll who had coached us 10 years ago, so he returned to coach us for the remainder of the year.

In the middle of the year, after months of "negotiations" with the YMCA pool managers, our training was moved half an hour later and with only 2 lanes made available to us, forcing some of us to swim in the public lane! We had no bargaining power so we were lucky to negotiate this. Numbers dropped significantly after the change, as expected, but have slowly recovered.

We had hoped 2020 was going to be less eventful! Oh well, roll on 2021.



2019 was a successful year for Doncaster Dolphins. Members travelled widely in Australia and overseas to compete in numerous pool and open water events, achieving great results.

### **Membership**

Doncaster Dolphins membership dropped slightly this year to 90 at the end of 2019.

Life membership was awarded to Caroline Clarkson for her significant contribution to the club over many years.

### **Swimming**

Doncaster Dolphins members competed in a multitude of swimming events from Open Water, Interclub, Masters Games, State Championships, Nationals through to the FINA World Masters Swimming Championships, Gwangju, South Korea.

Thirteen swimmers competed at the National Championships in Adelaide. The team came home with seven individual gold medals, three relay gold medals and achieved National and Victorian relay records.

Five swimmers competed at the World Championships - Dorothy Dickey, Rod Clarke, Robyn Gillespie, Jan Carlisle and Margie Moore

Over the year, fifteen of our swimmers achieved a top ten national ranking for long course with three swimmers achieving number one rankings. For short course, seventeen swimmers achieved top ten rankings with six achieving number one rankings.

A special mention to Dorothy Dickey for achieving top ranking in the world in the long course 800 freestyle.

The open water season is continuing to be popular among our club members with over 35 swimmers competing in at least one event.

Congratulations to Peta Harvey for winning both the long course and short course non wet-suit categories in the 2018/2019 GVSS and to Frank Christian for winning the male wet-suit short course category. Peta also completed the Rottnest Island swim and Cynthia McLarty completed the Ironman 70.3 New Zealand.

Margie Moore won gold in the 3 km open water at both the National and World championships.

### **Other Highlights**

Our popular Swim for Life program was run for the 13th time in 2019. This program promotes a healthy lifestyle and increases the awareness of masters swimming in the local area. Thank you to Wendy Simmons for organising this event and to the Bendigo Bank for their continued sponsorship.

Caroline Clarkson  
President, Doncaster Dolphins Masters Swimming Club

## Frankston Master's Swimming Club 2019 Annual Report



Overall, 2019 was a year of growth for our club. During 2019 we have seen a large amount of growth in new members in our club of different age groups. Also, we have seen a strong retention rate in our existing members. Aside from our strong member base we have also doubled our numbers in coaches from two to four coaches. We welcomed Samuel Goodwin-Dorning and Rob Paul our coaching team.

In March we had three of our swimmers pick up podiums in The Great Victorian Swim Series. Con, Sam and Amy all picking up podiums in their respective categories.

Saturday 4<sup>th</sup> of May 2019 saw our Annual Inter-Club Swim Meet held at PARC Frankston. We saw an increase in numbers attend our meet. It was great to see a number of new faces from a variety of different clubs.

During the year we had a number of our members compete at a number of the different inter-club meets across the state, State Championships and also the National Championships. With a number of podiums including some gold medals. We had Alice and Bronwyn go up north to The Great Barrier Reef Games and come back with a number of medals. Our Marion Beulke won the national swim series in her age group.

Special mention to Alice Kinnaird who represented the club in the Gwangju 2019 Fina World Masters Championships. Alice on the final day picked up a number of bronze medals and a silver medal in the 50m Backstroke.

End of year awards went to Doug Hopkins for the 'Peter Daniels Medal' for most number of training swims throughout the year. The second award the 'Gavin Hamilton perpetual trophy' went to Ben Page for the Skin's night award. This is a handicap race held on the final night of the year.

2019 also saw the launch of our Instagram Social Media platform.





## GEELONG CATFISH

### ANNUAL REPORT 2019

We had a promising start to 2019 with our open water swimmers competing successfully, achieving many placings across many of the swims, particularly in the western side of the state. Pool swimmers competed at Malvern Marlins, and at the Long Course State Championships, again doing our club proud with some excellent results. As we moved into winter our open water champions continued with their swimming at weekends at Torquay, regardless of the weather, and one of our members competed in virtually every event at the State Short Course in July.

On the international scene, one of our swimmers achieved 4 gold medals and 1 silver at the World Police and Firefighters Games in Chengdu in China.

The second half of the year brought sadness to our small club, with a death in the family of one of our swimmers, some injuries and illnesses, the fires in eastern Gippsland affected one of our long distance members, and finally, the sudden death of our much loved life member and club stalwart, John Lidstone.

Access to pools continues to be an issue here in Geelong, with our world class FINA approved pool at Kardinia Aquatic Centre closed for 5 months over winter, and open for limited sessions for two other months. This leaves only one public 25 metre pool suitable for lap swimming.

As usual, we all had our personal goals that we worked towards over the year. We enjoyed the physical and social benefits that come with our wonderful sport and we can all acknowledge that a successful year needn't just be assessed according to the number of medals won.

Margot Milne  
President  
Geelong Catfish





## 2019 – GIPPSLAND FLIPPERS

2019 was another fairly quiet year for Flippers, with no members competing at all. Distance is our tyranny and low numbers of competitive members makes it hard to consider competing when you're on your own and having to travel long distances.

Our year started in a heartfelt way when our beloved late President, Don Coupe, was recognised for his dedication to swimming by Latrobe City Council. Don was inducted into the Latrobe City Sporting Hall of Fame as a Legend, which was attended by his family and Sue Graham, Secretary of Flippers. Don was, of course, a Life Member of not only Gippsland Flippers, but also Moe Swimming Club, with whom he had a very long and dedicated association.

This year, taking the lead from the Kickstart programme, we devised our own Premiers Active April Programme. In conjunction with the Premiers Active April programme, we offered free sessions with a coach. We advertised heavily around towns, in the newspapers and on radio and TV, to invite people with a basic competency of swimming one lap capably, to join us for some coaching and fitness training. As you can imagine, we attracted a wide range of ability, health issues and personal achievement levels. However, we had 11 people register with us and we offered some skills, drills and fitness laps to them. We had 2 participants join as members, so we considered the campaign successful.

We have continued our Sunday Brunch swim, gathering at various pools for an hour of swimming to programmes then sharing a bite to eat and a cuppa afterwards. Everyone brings a plate to share and it's a very social gathering. This occurs once a month presently, but other Sundays were spent swimming at various pools, including the reasonably new Warragul Leisure Centre 50m outdoor pool, which has picnic tables in situ. Decent Coffee purchased afterwards was a good attraction to swim there also!!

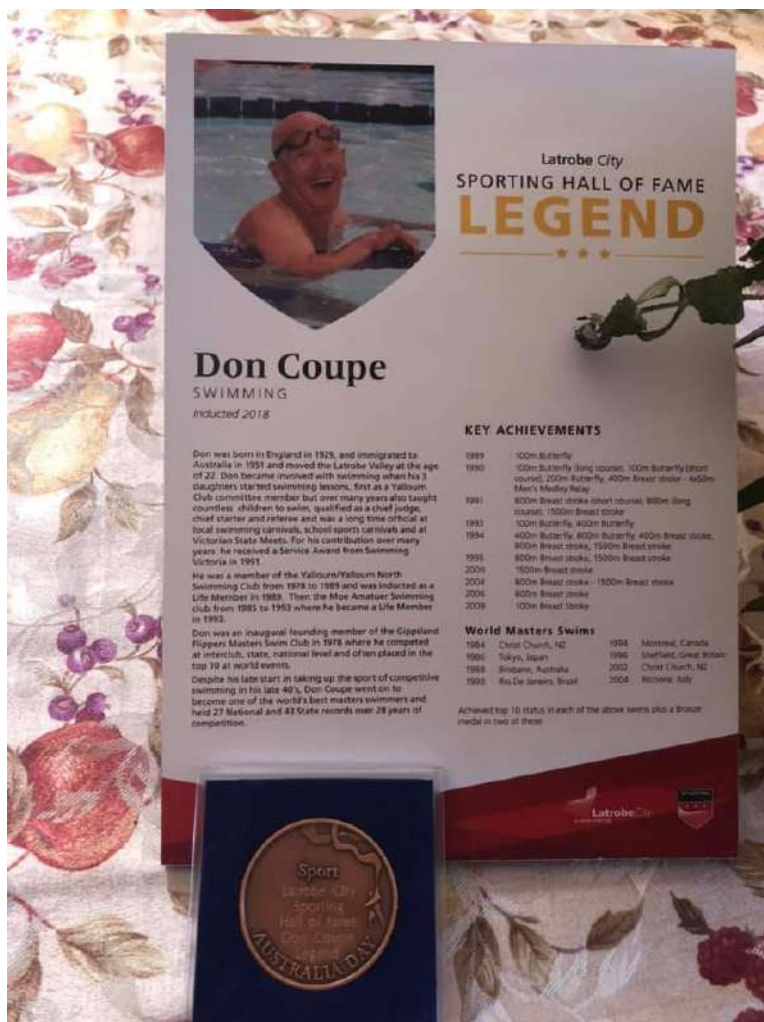
We are fortunate that local rural areas have their own newspapers and are happy for us to advertise our events, so we are hoping to attract more people in that way. The weather was not very kind this Summer, so it hampered our attempts somewhat.

Our coach, Alan, presents a challenging and competitive programme each Wednesday evening at Morwell Leisure Centre. It certainly aims at fitness and speed and we have a dedicated core of Flippers who attend. We thank Alan for contributing his knowledge, time and interest to our club.

This next year may prove to throw up some challenges none of us could ever fore see.

Sue Graham

Secretary



Don's certificate and medallion.



Flippers members with some of the Premiers Active April Programme participants.



Enjoying the monthly Brunch Swim at Morwell Leisure Centre.



## Heidelberg Flyers Annual Report 2019

14/4/20

2019 was a solid year for the Flyers.

As usual it began with a strong showing at several of the Open Water events, including swims at Portsea, Lorne and Point Lonsdale. In late February, Anton Stanitzki represented the club with honours by completing the Rottneest challenge solo in 6h 47min 39sec, achieving an age group 4<sup>th</sup>. Later in the year Nick Bamford established 2 branch records in 800m events.

In both February and April, the Flyers put together teams for the MS Mega Swims at Fitzroy Pool and MSAC respectively. The earlier event was a collaboration with Fitzroy Roughies which generated some good friendships. Rodney Millard and Aiden Farrell participated in the Daylesford Swim organised by former club member Tim Bach.

After Summer, we gained the services of coach Steph Spehar who boosted skills and the variety of our programmes for the rest of the year. At time of writing, however, she has accepted an appointment in N.Z. so we are again in search of another coach. The balance of the coaching has been successfully shared by committee members. This has resulted in an enjoyable mixture of programs and styles, keeping the members on their toes!

On the social side, we continued to swim with old members and others at Balwyn and Watermarc on weekends. We also had over 20 attend a repeat visit to Alphington Bowls Club on a chilly Friday night, and the year was capped off with another well attended Christmas BBQ.

Until the outbreak of Covid19 the Flyers were looking forward to even better things in 2020.





# malvernmarlins 2019

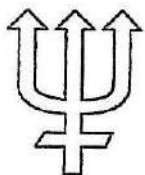
## General:

Our membership of 162 includes 14 new members with the largest component in the 50-59 decile. We provided 7 coached sessions a week (adding 3 new volunteer coaches) and one session devoted to the Endurance program. The coached sessions focus seasonally on aerobic fitness, race specific training for State and National competitions, technique work for non-freestyle strokes and endurance preparation for the open water season. We continued to host the Interclub in February, commit to the MS MegaSwim, and raised funds for Ardoch and Swim Against Malaria in addition to an active social program.

## Competition Highlights:

- A team of 47 Marlins won the MSV Long Course Championships' club points score at MSAC in March 2019
- The MSA National Championships in Adelaide was the club's most successful ever. A team of 31 Marlins won 4 age group relay trophies and the Founders Trophy for total club points score for the meet with National Records for John Cocks 200 Butterfly and Patrick Galvin 200IM
- Winners of MSV Short Course Relay Championships
- 280+ Womens 4 x 200m Freestyle relay team (Pam Kempson, Leigh Rodgers, Pat Baker, Jan Jeffrey) world record
- 240+ Womens 4 x 200m Freestyle (Janette Dickey, Nolene Schofield, Sue Boekel, Andrea McNeil) and Mens 4 x 200m Freestyle (Luke Rattigan, Alan Knights, Trevor Skinner, Mark Huggins) relay teams set new national records
- Multiple gold medals at Gwangju for Gerry Tucker, Patrick Galvin, John Cocks and Tony Goodwin (second claim); silvers and bronzes for Janette Dickey and Jan Jeffrey
- Daphne Briggs, Sue Boekel, Mark Huggins, John Cocks and Patrick Galvin topped their age groups in the 2019 National Swim Series
- Nolene Schofield, John Cocks and Peter Charlewood completed the Endurance 1000 Program and the club totalled 10,045 points
- Susie Kempson and Katie Mee, President and Vice-President, and Steve Bottomley Coaching Director of MSV
- Rod Watkins achieved the Triple Crown of long distance swimming by adding to his 2018 English Channel crossing the 20 Bridges Manhattan Swim in July and the Catalina Channel Swim in October
- 2019 Mount Martha Australia Day Swim Club Award
- Peter Duggan Vorgee One Million Metres





## North Lodge Neptunes

After 42 years of very successful swimming, lasting friendships and plenty of fun North Lodge Neptunes has made the extremely hard decision to close down in 2019. In 1976 Barbara Wilson and Bob Barrett swam in an AUSSI (Australian Union of Senior Swimmers International) National Meet in Sydney. National Secretary, Gary Stutsel, asked Bob and Barb if they 'could get something moving in Victoria' for AUSSI. Barb had gone to Sydney in March 1974 to compete, which she did with success, in the first AUSSI Meet in Australia against a team of visiting Masters Swimmers from USA. She had been approached by John Brown, the organizer of the Meet, to help with the promotion of AUSSI in Victoria. Heavily involved with her children and herself in the Surrey Park Amateur Swimming Club, in Box Hill, Barb made inquiries to friends in the Victorian Amateur Swimming Association about Masters Swimming. She had asked the VASA to provide races for Senior Swimmers who wanted to continue to compete at top level. Perhaps Masters Swimming was the answer. Barb and Bob Barrett had often spoken about Masters Swimming and starting it in Victoria. Below is a lovely excerpt from Barbara Wilson-Brooks (Founding member of North Lodge Neptunes and MSV Life Member)

*In July 1976 a meeting of interested competitive swimmers was held at the privately owned North Lodge swim academy. Jim O'Doherty owned the pool and was keen to see if adult competitive swimming was viable. Fortunately all agreed and the North Lodge Adult Swimming Club was formed. Training was on Monday evenings and time trials the first Sunday of the month. Afternoon tea and lots of chat was enjoyed by all after the time trials. From this came many lasting friendships and lots of success in State, National and International swim meets. We became very strong in the relays including World Records in Toronto, Tokyo and Melbourne. As we were the only club for some time swimmers travelled to North Lodge to compete. Many went back to their home pools and started up Masters clubs there. This was the start of Aussie Victoria. In 2002 Jim O'Doherty passed away. His wife continued to operate for a while but finally sold to a new owner. We lost our pool space which made it difficult to recruit new members. We kept our core of members who got older as the years passed. Still very successful in the older relay events we continued on. Friendships remained and we celebrated with trips to Nationals, Masters Games and International meets. We also got together for lunches, special birthdays and inter-club swims. It is great to have such wonderful memories over the 42 years and we wish all the best to our remaining members who have to find other clubs for their swimming. Barb Wilson-Brooks*

A swim was held in November 1976 with 14 swimmers taking part was the first AUSSI Swim Meet held in Victoria! Due to the success of North Lodge and Barb's enthusiasm, many swimmers started an AUSSI Club in their area – both in Melbourne and Country Victoria. Thank you to Barb and all her wonderful club mates (too many to individually name) for all that they have done for Masters Swimming in Victoria.

In 2019 MSV carried on the North Lodge Neptunes Awards at the LC Championships in memory of Grace Day, Sid Krasey and Trudy Bullivant, their dedicated and sadly missed members who passed away in 2017. In 2019 Awards were presented to the following swimmers who won the awards:

- Sid Krasey Award for Men 50-54 years, 50m Breaststroke: Barry Carp (Melbourne H20)
- Trudy Bullivant Award for Women 60-64 years, 200m Backstroke: Caroline Clarkson (Doncaster Dolphins)
- Grace Day Award for Women 55-59 years, 100m Backstroke: Andrea McNeil (Malvern Marlins)



*Sid Krasey, Barb Brooks and Shirley Malcolm*



*North Lodge at the 2013 National Championships*





## **SURREY PARK SEAHORSES**

### **MSV ANNUAL REPORT FOR 2019**

The Surrey Park Seahorse Masters Swimming Club continues to attract a range of age groups and reports another active year by members. The club committee saw a transition of roles and responsibilities going into 2019 and an injection of new people into the committee. Although we are primarily a swimming club, we are all closely bound by the friendship and mateship that exists in the club and the many social events we hold assists in making the club an inclusive friendly group.

This year members competed in many local, state, national and international competitions. The highlights are:

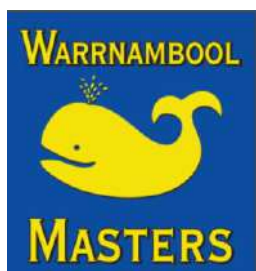
- State Long Course Championships - 7 members - 16 top three placings.
- National Championships in Adelaide - 5 members - 12 top three placings.
- State Short Course Meet - 9 members - 24 top three placings and a National record in the 25m Breaststroke.
- FINA World Masters Games in Gwangju, South Korea, - 2 members - where each gained a medal for finishing in the top 6 swimmers – 1 in the 200m Butterfly and 1 in the 200m IM.
- State Short Course Relay meet - 8 members - winner of our division.
- Australian Masters Games in Adelaide - a single swimmer - 5 top two placings.

The member's participation in open water swim events remains popular. Many members have pushed themselves with more swims and longer distances. As always, the post event social gatherings have proved as popular as the swims themselves.

We now hold training sessions Tuesday to Thursday and attendance, while relatively stable has proved particularly weather dependant. A significant number of members also meet up regularly for social open water and informal pool training sessions.

Over the next 12 months the club will focus on:

- Keeping members connected to the club during the current crisis
- Looking forward to the opening of pools and guiding all swimmers back into peak form for pool competitions and open water events.



## **2019 Warrnambool Whales**

In 2019 the Warrnambool Masters Swimming Club reached out to its Members through an on-line Survey and the feedback is now shaping the future of the Club going forward 2020. The survey asked 33 questions covering such things as our session times, coaching, fees, competitions, social activities, our identity as a Masters Swimming Club, benefits of being a Member, communication and Club Events. The feedback was overwhelming positive and also very informative on how to move our Club forward and where the Committee should focus their energies more and where not to.

One response in the survey was most outstanding and that was how important the role our Coaches play in the Club. Our Coaching pool had declined to two which was a concern. However the Club applied and got a grant through the local Warrnambool City Council to bring the MSV Coaching Trainer Bruce Allender to Warrnambool for a weekend. Bruce ran a coaching session for all our Members on Saturday 16 April 2020 and a training workshop for 4 participants on the Sunday. So 20 Club Members benefited from Bruce's Master Class and our Club has some new coaches ready to provide our Members with what they need most: a Coach at each and every one of our 6 sessions per week. This is definitely a huge highlight in the last 12 months.

## **2019 Western Alligators Annual Report**

2019 AGM held Thursday 19th December 2019

### REPORT SUMMARY

In 2019, there were 26 financial members compared to 27 in 2018. There has been a slow but steady decline over recent years. Attracting new members and retaining them remains a constant challenge for the club. The club's main weekly training sessions continue to be on Monday and Thursday evenings from 7.30pm to 8.30pm under coach, Rex Brown.

Geoff and Rex continued to run our monthly Sunday Swims throughout the year. Despite Geoff's enthusiasm, attendance at the Sunday Swims also declined in 2019. There is potential that these may be permanently cancelled as a result.

It is with a touch of sadness that Geoff, after 30 years of membership, informed us that he will no longer be carrying on his swimming with the Western Alligators. He has come to the stage of his life where he is now pursuing his other interests. We would like to take this opportunity to thank him for his longevity with the club and for his organisation and running of the Sunday Swims for so many years. The committee wishes him well for the future.

The committee would like to thank all our swimmers for being members and supporting the Western Alligators. We do, as a club, face challenges with memberships and hopefully over the next 12 months we can begin to grow again.

### FINANCIAL STATUS

Income received through registrations: \$259.90

Total income: \$263.69

Expenses: \$324.35

#### Balance:

Assets: \$6,942.54

Member's Equity: \$6,750.84





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