



Masters Swimming Victoria

Annual Report 2022



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Officer Reports

President's Report

Welcome to the Masters Swimming Victoria ("MSV") annual report for 2022, a year of getting back into the water and rebuilding.

The first phase of this was a thorough review of the governance structure and, accordingly, the constitution. A lengthy process (appropriately) finally delivered results at the Special General Meeting in December. We now have a more focused and functional decision-making board, relieving club representatives from monthly meetings. Formal interaction with Member Clubs will continue with at least 2 General Meetings per year. Many thanks to all those that contributed thoughtfully to this challenging process. The next step is a thorough review of MSV's By-Laws.

We also welcomed a new, dedicated Administrator, **Kara Pogos**. In this role she replaces **Kath Davis**, the previous part-time Administrator contracted from Masters Swimming Australia. The enthusiasm Kara has brought to the role is certainly felt at the board level and, I hope, is evident across the membership.

The board then set itself a number of goals and objectives for the year, which were largely met. The most pleasing being membership reaching the highest level since 2007 (1285). Goals around swim meet participation were largely met but we did fall short on targets around coaching.

As is usual with these sort of organisations, it is a handful of people putting in many hours of voluntary work that makes everything happen. As is also usual, I implore all of you to consider contributing to a few hours of your time. We have been, and will be, establishing a range of sub-committees to deliver on operational matters – competitions, officials, coaching, promotion, social... – so please, please, if you wish to see the community of masters swimming in Victoria thrive, volunteer to contribute your skills to one of these sub-committees.

On that note, we managed to put on the full suite of championship events - Long Course, Short Course, Long Distance and Relay - thanks to the extraordinary efforts of **Alan Godfrey** along with the team of officials co-ordinated by **Simon Bole-Brown**. Without these guys, it is highly probable these meets would not have taken place.

It was pleasing to involve our regional members though holding the Long Course Championships in Ballarat. Many thanks to the Ballarat masters' community for hosting and supporting, through numerous volunteers, this very successful event. The Relay Championships were probably the highlight with participation exceeding our expectations. Holding this event seems to inspire many members who might otherwise not compete to join a team, get outside their comfort zone and enjoy the friendly competitive atmosphere. For this reason we are hoping to put on both a Long Course and Short Course relay meet in 2023, and in future, years.

In the water, MSV has returned to punching above its weight with a total of 4 individual world, 86 individual national, and 13 relay national records set in 2022. Internally, standards continue to improve with 227 individual state records and 17 relay state records broken.

Finally, many thanks to **Tim Boness**, who stepped down as Finance Director after many years of service, **David Cowie**, for stepping into the role, and **Dennice Breeschoten** for her patient level-headed advice and support as vice-president.

Darryl Flukes

President

Recording Director's Report

Last year saw MSV back to holding 4 State Championships after a long break. These were well received by the swimmers; local and interstate. In addition we had several Interclub meets. As Recorder this was also a learning experience, and I received invaluable help from the National Recorder. Learning the new Swim Central platform also took some time.

It remains challenging to make bookings for meets at MSAC, who continue to place MSV at a low priority, making it difficult to plan for the year. Therefore we went to Ballarat for the Long Course Championships. We decided to hold the meet over 2 days to allow for more swims per person over a longer time period. A system which is popular, and used by several other Branches. As always there are positives and negatives to any arrangement, hopefully the positives end up outweighing the negatives.

The most popular meet of the year was the Short Course Relay Championships, where we had well over 300 swimmers. This was a fun meet, and enjoyed by all. A long feedback report sent to MSAC about the timing and other issues, was unfortunately met with no response.

There are several issues for swimmers to note. A lot of work goes into the preparation and running of these meets. So unlike the past - results will not be immediately uploaded to the results portal. There are several checks to be done, especially checking for records. Also swimmers in other branches are much better at volunteering in general – timekeeping; meet support etc. Some swimmers have commented that in actual fact, it is easier to be on deck timekeeping and helping out, than just sitting in the stands. Hopefully we can all improve in helping out at meets.

In 2023 we are looking at holding 5 State meets, and we look forward to seeing more clubs stepping forward and holding their own interclub meet. All the best in swimming in 2023.

Alan Godfrey

Recording Director

Technical Director's Report

It seems that every year is now impacted by COVID in some way. Thankfully we seem to be past its worst just now. The reason I raise this is that throughout the time since restrictions have been relaxed and our swimmers have been back in the pool, every one our team of officials has readily made themselves available on pool deck.

I really would like to thank the small but great team of officials that I have the pleasure of working with on the pool deck. They are a very supportive of both Masters swimming and Special Olympics. In 2022 we attended eight Masters events and in most events we fielded a team of around eight on pool deck in conjunction with either Linda or Alan, if not both, on the computer. On the rare occasion that we were down to four or five, our very experienced team were still able to run the meet and ensure that all swimmers had a fair swim.

I believe one of the measures of a good referee is one that is not seen to stand out and gives the swimmer the benefit of the doubt if uncertain of an infraction, which is the spirit of Masters swimming. I can safely say that all of our referees abide by that measure and only call out an infraction if it did occur. I don't have the numbers of infractions across the year, but I believe that to be very low. A credit to our swimmers and our eagle eye referees.

I mentioned earlier the Special Olympics meets that we attend each year. We have been invited over the years to provide officials at Special Olympics Victoria swimming events held through the year. In 2022 we attended four meets, a fact I don't think is widely known by most Masters swimmers. These events give people of all ages with intellectual disability a chance to participate in events with others in a similar circumstance. They are great events to attend, and we have the pleasure of overseeing swimmers of extremely good swimming ability (some of whom attend Masters meets) to some maybe being able to swim 25 meters. The happy faces and enjoyment of the swimmers, volunteers and parents is something very special to be part of and something our team enjoy.

Before I finish, I would like to encourage all clubs to talk with their members and see if they can interest swimmers of all swimming abilities, and non-swimming abilities, to consider becoming a swimming official and joining our team of officials. It is not a difficult role to learn, and it is possible to learn to participate at all levels of officiating at Masters swim meets. If anyone is interested, please don't hesitate to grab me at a meet or contact our office and they can put you in touch with me.

On behalf of the Masters swimming committee and myself I would like to thank our wonderful team of officials. Some who take time out of swimming for their club and/or busy lives to spend time with you on the pool deck. They are always supportive, happy to have a chat and a laugh and look forward to meeting you and officiating at our meets.

Simon Bole-Brown

Technical Director

Promotions Report

The Promotions Sub Committee for 2022 focused on executing an impactful media campaign that aimed to raise awareness and achieve significant results. A key contributor to our success was the collaboration with Anxious to Matter, a renowned marketing agency, whose services proved to be instrumental in delivering a highly effective and well-targeted campaign.

The media campaign orchestrated by Anxious to Matter in 2022 demonstrated exceptional results, exceeding our expectations. Their expertise and strategic approach played a vital role in ensuring the campaign's success. By leveraging their extensive knowledge and resources, Anxious to Matter was able to effectively reach our target audience and convey our message in a compelling manner.

Throughout the campaign, Anxious to Matter consistently demonstrated their proficiency in crafting persuasive content, designing visually appealing materials, and implementing innovative strategies to maximize reach and engagement. Their efforts led to increased brand visibility, heightened public interest, and ultimately, a positive impact on our organizational goals.

The collaboration between the Promotions Sub Committee and Anxious to Matter was marked by open communication, effective teamwork, and shared dedication towards achieving desired outcomes. Regular meetings and progress updates ensured that both parties remained aligned and enabled the seamless execution of the campaign.

In conclusion, the Promotions Sub Committee's focus on the media campaign in 2022, combined with the expertise and services provided by Anxious to Matter, resulted in a successful and well-aimed promotional campaign. The committee acknowledges the significant contribution made by Anxious to Matter and recognizes their role in the campaign's effectiveness. The collaboration between the committee and the agency served as a model of effective partnership, and the outcomes achieved have set a high standard for future promotional endeavours.

Dennice Breeschoten

Vice President

Administrator's Report

Governance

Elected Committee: Darryl Flukes (President), Dennice Breeschoten (Vice President), Tim Boness (Finance Director), Simon Bole-Brown (Technical Director), Alan Godfrey (Recording Director), Amy Jones (Coaching Director).

Throughout 2022, the elected officers reported to the MSV Board every two months. The Board was comprised of a delegate from each club plus the elected Committee members.

Following months of consultation with Board members and Maddocks Lawyers, amendments to the constitution were approved at a Special General Meeting in December 2022.

The key amendments were:

- A simplified governance structure requiring a board of six to nine members, replacing the old structure that required each club to nominate a representative to the board.
- Clarification of the definition of "Members" (being Clubs).

A number of minor changes were also approved, which clarify and correct various points and make the Constitution more relevant in 2023, the last Constitution having been approved in 2014.

The new Constitution stipulates that the position of Secretary is to be completed by the appointed Administrator. This position is held by Kara Pogos, employed by MSV in August 2022 after the Service Agreement of 15 years between MSV and MSA came to an end.

Membership and Club Affiliation

At the end of 2022, MSV had 1285 first claim members, up from 1022 at the end of 2021 and the highest membership number on record.

MSV had 33 affiliated clubs in 2022.

MSV Branch Events

MSV SC Championships – held on the 5 March 2022 (MSAC)

A great meet with nearly 240+ swimmers attending and more than 40 Individual Branch, 4 Relay Branch, and 20 Individual National records broken. It was wonderful to see swimmers back in the water competing again after two years of intermittent lockdowns.

MSV LC Championships – held on the 23-24 July 2022 (Ballarat)

Masters went regional for a 2-day event in the Central Highlands City of Ballarat. It was

fantastic to have more than 140 swimmers attend the meet, most of whom travelled from other areas. There were 5 Individual Branch and 5 Relay Branch records broken. A social event was held on the Saturday night (the first day of the meet) and all of the feedback about the pool, the location, and the organisation of the meet was very positive, as was the coverage about it in Ballarat's local newspaper *The Courier*.

MSV LCLD Championships – held 4 September 2022 (MSAC)

The last time a LD Championship was held by MSV was 2017, so it was very exciting to welcome it back for 2022 at MSAC. The meet produced 7 National and 25 Branch records.

MSV Relay Championships – held 23 October 2022 (MSAC)

With 313 athletes representing 15 clubs, and 414 relays, this was MSV's most successful relay meet ever. A highlight was the Battle of the Divisions, a Victorian initiative in which clubs compete for points against similar sized clubs, based on how they place in events. Thanks go to the club coaches and executives for promoting the meet and making the Battle of the Divisions so much fun.

The community was sad to see the Goulburn Crocs' team of 24 swimmers withdraw from the meet due to extensive flooding in their region.

MSV Club Events

Go Nagambie – Club 2 Hub Open Water Swim – 12 February 2022

This event is held in partnership with Goulburn Valley Crocs and is important to the club as it helps them fund their masters swimming development initiatives in the Goulburn Valley. The Nagambie Lakes provide both a beautiful and safe 1.1km swim.

Powerpoints Summer Smash 2022 – 25 February 2022

Held in the outdoor pool at MSAC there were nearly 80 swimmers competing in the first pool event of 2022. Run with assistance of the MSA Just One More Grant program.

Baddaginnie Animal Postal Swim – 1 April to 30 June 2022

This was the 35th year anniversary of the Baddaginnie Animal Postal Swim now run by Surrey Park Seahorses. Swimmers are challenged to unleash the animal within by swimming the following 5 events in one day:

200m Fly
200m Back
200m Breast
400m IM
800m Free

Mornington Peninsula MSC – 1st Annual Interclub – 8 April 2022

One of our newest clubs, Mornington Peninsula MSC, held their first interclub meet.

Williamstown to Altona Swim Classic – 10 April 2022

Held by another one of MSV's newest clubs, Melbourne Open Water Swimming Club, participants swim from Williamstown Beach, through Jawbone Marine Park to Altona Dog Beach - 3.8km.

Powerpoints Winter Sprinter 2022 – 2 July 2022

This was the second event that Powerpoints ran in 2022 using funds from their successful application to the MSA Just One More Grant program.

Frankston Interclub – 16 July 2022

The 41st time this has been held and counting! This is a time trial event where the challenge is to swim nearest your closest time. After finishing racing, the challenge is to go down the waterslide!

Acknowledgements

Thank you to the following people for their support and work on improving the profile and 'product' that is offered by Masters Swimming Victoria:

- Darryl Flukes, who has guided the organisation through a new administration agreement and a new constitution.
- Alan Godfrey, who organised all of MSV's branch meets and assisted with the organisation of MSV-sanctioned interclub meets.
- Dennice Breeschoten and David Cowie, who worked tirelessly to redraft and improve the constitution.
- Kath Davis, who dutifully administered MSV for the first three quarters of 2022 (and prior) and provided ongoing support and guidance after the Service Agreement between MSV and MSA ended.
- Tim Boness and Gerard Russell, who continued to provide dedicated service in their respective roles of Finance Director and Bookkeeper.
- Simon Bole-Brown and Amy Jones, who continued to provide dedicated service in their respective roles of Technical Director and Coaching Director.
- All of the technical officials and marshals, and club coaches and committee members, who have volunteered so much of their time to ensure we can all swim for life.

Kara Pogos

Administrator

Masters Swimming Victoria

Profit & Loss Statement

For the year ended 31 December 2022

	31-Dec-22	31-Dec-21
Income		
	\$	\$
Club Affiliation fees	660	660
Interest	216	18
Member registrations	18,125	14,270
Swim Meets	24,873	6,431
Sponsorship & grants	-	80,400
Total Income	43,874	101,779
Expenses		
Administration fee to MSA	22,938	33,312
Affiliation fee	586	586
Bank Charges	109	567
Bookkeeping	4,496	-
Board expenses	-	369
Clubs online admin fee	461	636
Computers expenses	2,930	492
Filing Fees	60	-
Insurance	103	133
Legal fees	3,396	-
Marketing expenses	9,704	450
Office	832	20
Rent	2,588	1,887
Superannuation	1,090	-
Swim Meet Expenses	31,920	10,567
Wages	10,385	-
Total Expenses	91,598	49,019
NET SURPLUS/ (DEFICIT)	(47,724)	52,760

The accompanying notes form part of these financial statements.

Masters Swimming Victoria

Balance Sheet

As at 31 December 2022

	Note	Dec-22 \$	Dec-21 \$
Assets			
Current Assets			
Cash	2	120,709	145,122
Accounts Receivable		22	3,737
Inventory		8,836	4,497
Total Current Assets		<u>129,567</u>	<u>153,356</u>
Non Current assets			
Property, plant & equipment	3	0	0
Total Non Current assets		<u>0</u>	<u>0</u>
Total Assets		<u>129,567</u>	<u>153,356</u>
Liabilities			
Current Liabilities			
Trade and other creditors	4	28,153	6,163
GST Liabilities		1,877	(68)
Total Liabilities		<u>30,030</u>	<u>6,095</u>
Net Assets		<u>99,537</u>	<u>147,261</u>
Equity			
Accumulated funds	5	99,537	147,261
Total Equity		<u>99,537</u>	<u>147,261</u>

The accompanying notes form part of these financial statements.

**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECMEBR 2022**

STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES

1 Accounting policies

These financial statements are a special purpose financial report prepared in order to satisfy the accounts preparation requirements of the Associations Incorporation Reforms Act 2012.

The committee have determined that the Masters Swimming Victoria Inc is not a reporting entity and therefore there is no need to apply Australian Accounting Standards or mandatory professional reporting requirements in the preparation and presentation of the financial statements.

The financial report has been prepared on an accruals basis and is based on historical costs modified by the revaluation of selected non current assets, financial assets and financial liabilities for which the fair value basis of accounting has been applied.

The following specific accounting policies, which are consistent with previous periods unless otherwise stated, have been adopted in the preparation of this financial report.

(a) Property, Plant and Equipment

Each class or property, plant and equipment is carried at cost or fair value less where applicable, any accumulated depreciation and impairment losses.

The depreciable amount of all fixed assets is depreciated on a straight line basis over their useful lives commencing from the time the asset is held ready for use.

(b) Medals on hand

Stock of medals is measured at the lower of cost and net realisable value

(c') Revenue

Swim meets, club affiliation fees, members registrations and training courses revenue are recognised when the entity obtains control over the funds, which is generally at the time of receipt.

Interest revenue is recognised using the effective interest method, which for floating rate financial assets is the rate inherent in the instrument

(d) Goods and Services tax (GST)

Revenue, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense. Receivables and payables in the balance sheet are shown including of GST.

**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECMEBR 2022**

1 (e) Comparatives

Certain comparative figures have been reclassified to conform with the financial statement presentation adopted for the current year.

	Dec-22	Dec-21
	\$	\$
2 Cash		
Commonwealth bank- cheque account	29,730	78,282
Commonwealth bank- on line saver	89,421	60,739
Commonwealth bank- debit card account	1,558	1,558
ANZ- cheque account	-	4,543
	<u>120,709</u>	<u>145,122</u>
3 Property, Plant and Equipment		
Plant and Equipment	49,498	49,498
Accumulated depreciation	(49,498)	(49,498)
	<u>-</u>	<u>-</u>
4 Trade and other creditors		
Trade creditors	11,200	22
Unearned income	15,329	6,141
Payroll liabilities	1,624	-
	<u>28,153</u>	<u>6,163</u>
5 Accumulated Funds		
Accumulated fund brought forward	147,261	94,501
Net income / (loss) for the period	(47,724)	52,760
	<u>99,537</u>	<u>147,261</u>
Closing balance		

Masters Swimming Victoria Inc.

Statement by Committee

In accordance with a resolution of the Committee of the Masters Swim Victoria Inc., we state that:

In the opinion of the Committee, the financial report as set out on pages 1 to 4:

- (a) presents fairly the financial position of Masters Swimming Victoria as at 31 December 2022 and its performance for the year ended on that date in accordance with the accounting policies outlined in Note 1 to the financial statements.
- (b) satisfy the requirements of the Association Incorporation Reform Act 2012. to prepare a financial report.
- (c) at the date of this statement, there are reasonable grounds to believe that Masters Swimming Victoria Inc will be able to pay its debts as and when they become due and payable.

On behalf of the Committee

Committee Member



Committee Member



Dated

14/03/2023

**INDEPENDENT REVIEW REPORT TO THE MEMBERS OF
MASTER SWIMMING VICTORIA INCORPORATED**

Report on the Financial Report

We have reviewed the accompanying financial report of Master Swimming Victoria Inc. (the association), which comprises the balance sheet as at 31 December 2022 and the Income statement for the year ended on that date, as well as the comparative information, and the treasurer's declaration.

Committee's Responsibility for the Financial Report

The committee of the association are responsible for the preparation and fair presentation of the financial report in accordance with the Australian Accounting Standards (including Australian Accounting Interpretations) and the *Associations Incorporation Reform Act 2012* and for such control as the committee determine is necessary to enable the preparation of the financial report that is free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express a conclusion on the financial report based on our review. We conducted our review in accordance with Auditing Standard on Review Engagements ASRE 2410 *Review of a Financial Report Performed by the Independent Auditor of the Entity*, in order to state whether, on the basis of the procedures described, anything has come to our attention that causes us to believe that the financial report is not presented fairly, in all material respects, in accordance with the Australian Accounting Standards (including Australian Accounting Interpretations) and the *Associations Incorporation Reform Act 2012*.

As the auditor of Master Swimming Victoria Inc., ASRE 2410 requires that we comply with the ethical requirements relevant to the audit of the annual financial report.

A review of a financial report consists of making enquiries, primarily of persons responsible for financial and accounting matters, and applying analytical and other review procedures. A review is substantially less in scope than an audit conducted in accordance with Australian Auditing Standards and consequently does not enable us to obtain assurance that we would become aware of all significant matters that might be identified in an audit. Accordingly, we do not express an audit opinion.

Independence

In conducting our review, we have complied with the independence requirements of the Australian professional ethical pronouncements.

Conclusion

Based on our review, which is not an audit, nothing has come to our attention that causes us to believe that the financial report of Master Swimming Victoria Inc. does not present fairly, in all material respects, the financial position of the entity as at 31 December 2022, and of its financial performance for the year ended on that date, as well as for the comparative year, in accordance with the Australian Accounting Standards (including Australian Accounting Interpretations) and the *Associations Incorporation Reform Act 2012*.



Name of Firm:	E. F. McPhail and Partners
Name of Partner:	Wayne C. Durdin
Address:	Suite 12, 602 Whitehorse Road, Mitcham, VIC 3132
Dated this	14th day of March 2023

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McPhail



PART OF THE McPHAIL HLG GROUP

ESTABLISHED 1945

Membership

Life members

Alan Davis (VSP)

Edward Tullberg (VVM)

Barabara Brooks (VVM)

Danny Smith (VVM)

Paul Watmough (VVM)

Jeanette Holwiuk (VVM)

MSV first claim membership numbers per club

Code	Club	2019	2020	2021	*2022
VBL	Ballarat Beavers	24	21	34	28
VBC	Boroughcouthas Masters	47	47	44	54
VBS	Brunswick Belugas	63	58	54	55
VCN	Carnegie	7	5	Closed	Closed
VCS	Casey Seals	37	28	20	29
VDA	Dve Aquatics	0	0	1	0
VDC	Doncaster Dolphins	91	82	89	93
VFR	Frankston Peninsula	59	48	48	67
VGL	Geelong Catfish	6	3	3	Closed
VGP	Gippsland Flippers	10	9	16	14
VGB	Gisborne Thunder	4	0	0	0
VGS	Glamourhead Sharks	90	72	68	90
VGW	Goulburn Valley Crocs	26	42	43	60
VHM	Heidelberg Flyers	25	21	25	36
VHS	Horsham Swimming	n/a	n/a	n/a	3
VIN	Inclusive Sports	26	15	27	27
VAJ	Maccabbi Ajax	29	26	4	6
VM1	M1 Swimming Club	2	0	Not affiliated	Not affiliated
VMV	Malvern Marlins	159	144	145	159
VMH	Melbourne H2O Swimming	53	42	58	97
VMO	Melbourne Open Water	n/a	n/a	2	22
VVC	Melbourne Vicentre	4	1	0	0
VML	Melton Swimming Club	n/a	1	1	2
VMP	Mornington Peninsula	n/a	n/a	40	85
VHU	Northern Masters	1	3	4	6
VNA	Nunawading Orcas	28	22	23	32
VPM	Port Mussels	6	4	5	5
VPP	Powerpoints Masters	127	109	102	95
VRR	Ringwood Swimming Club	Jodi	n/a	16	28
VSP	Surrey Park Seahorses	39	35	46	45

VSC	Swimland Swim Club	9	11	10	12
VVM	Victorian Masters	30	31	20	32
VWT	Wangaratta Swimming	0	0	3	0
VWB	Warrnambool Whales	62	61	58	69
VWA	Western Alligators	25	16	8	9
VYR	Yarra Roughies	23	12	5	25
Total		1112	969	1022	1285

*With the migration to a new national membership platform, 2022 MSV membership was not available after 30th September 2022.

Notable Achievements



MSV Official of the Year 2022, Alan Godfrey, with his award

MSA Volunteer of the Year 2021

Awarded to Andrea McNeil (Malvern Marlins)

MSA thanks Andrea for her outstanding service, noting: “Andrea from the Malvern Marlins, has been an extraordinary MSA Board member and Finance Director during 2021, providing various financial reports to the monthly NBM meetings. Andrea also provided additional support to the National Office, whether sourcing grant opportunities, sharing news articles or calling for a chat, Andrea was always in contact especially during the difficult times of lockdown in Victoria. Andrea has been a valued liaison between the NCC and NBM since taking on the role as an observer on the NCC to assist with better communication throughout the organisation.”

[MSA Awards | Masters Swimming](#)

MSV Official of the Year 2022

Awarded to Alan Godfrey (Glamourhead Sharks)

In his role as MSV Recording Director, Alan successfully ran each club and branch MSV event in 2022. In a typical year, this would be considered a significant accomplishment. Alan’s achievement was particularly remarkable in light of the shortage of volunteers and knowledge required to run Masters events that arose from the Covid lockdowns that affected Victoria for much of 2020 and 2021. Alan not only fulfilled his official role as MSV Recorder, but also took on a broader responsibility to ensure the smooth functioning of most aspects of the events, from registration to marshalling to awards. His enthusiasm, dedication, knowledge, and drive were crucial in aiding the recovery of Masters Swimming events in Victoria. MSV expresses its sincere gratitude to Alan for his efforts.

MSA Vorgee Million Metres

Congratulations to the following MSV Million Metres recipients in 2022:

Name	Club	Distance
Darryl Flukes	Surrey Park Seahorses	Five million
Robyn Cogan	Boroughcouthas	One million
Andrea McNeil	Malvern Marlins	One million

John Marshall	Malvern Marlins	Five million
---------------	-----------------	--------------

MSA Endurance 1000

Congratulations to these fit individuals, each of whom clocked up 62 swims in the MSA Endurance 1000:

Name	Club	Age Group	Points
John Cocks	VMV	85-89	1005
Julie Collette	VMV	70-74	1005
Nolene Schofield	VMV	65-69	1005
Brian Walsh	VDC	75-79	1005
Sue Lyon	VSP	55-59	977
Richard Ingleby	VMV	60-64	799

MSV World Record Breakers

Congratulations to John Cocks from the Malvern Marlins on breaking four world records in the 85-89 age group:

Record	Course	Time	Date	Event
100m Butterfly	Short course	1:49.64	8/02/2022	NSW Twilight Meet
100m Butterfly	Short course	1:49.41	21/05/2022	MSQ State Championships
400m Individual Medley	Short course	7:58.08	20/05/2022	MSQ State Championships
200m Individual Medley	Short course	3:36.41	22/05/2022	MSQ State Championships

MSA National Championships Trophies

Congratulations to the Malvern Marlins on winning two trophies at the MSA National Championships 2022 in Sydney:

- Visitor's Trophy
- Relay Point Score Winner (240 – 279 age group)

MSA Swim Series

Congratulations to the MSV swimmers who won (gained the highest number of points in) the MSA Swim Series in their Age Groups:

Female

Name	Club	Age Group
Tracey Murphy	VVM	35-39
Catherine Wheeler	VDC	40-44
Gillian O'Mara	QRC, VPP	45-49
Andrea McNeil	VMV	60-64
Dee Sheffrin	VDC	65-69
Margie Moore	VDC	70-74
Rosa Montague	VPP	75-79
Marion Beulke	VFR	95-99

Male

Name	Club	Age Group
Greg Chaplin	VCS	60-64
Michael Daly	VPP	65-69
Rod Clarke	VDC	75-79

Clubs Affiliated with MSV in 2022



Brunswick Belugas during a Saturday morning swim at Williamstown Beach



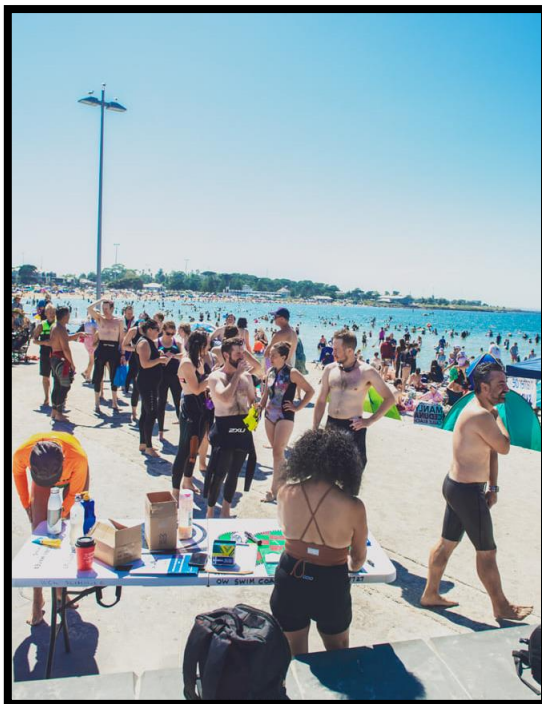
Goulburn Valley Crocs at training at Aquamoves



GVC life members Willy O'Callaghan and Glenn Gibson



Melbourne Open Water going for a swim



Melbourne Open Water getting ready for a swim



Surrey Park Seahorses at MSAC

BALLARAT BEAVERS



**BOROUGHCOUTAS
MASTERS**



BRUNSWICK BELUGAS



CASEY SEALS



DONCASTER DOLPHINS



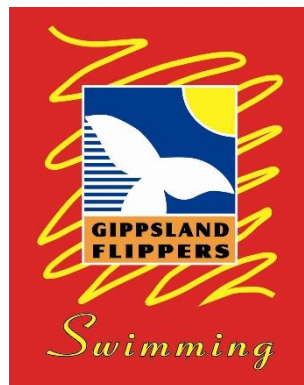
DVE AQUATICS



FRANKSTON PENINSULA



GIPPSLAND FLIPPERS



GISBORNE THUNDER



GLAMOURHEAD SHARKS



GOULBURN VALLEY CROCS



HEIDELBERG FLYERS



HORSHAM SHARKS



**INCLUSIVE SPORTS
TRAINING**



MACCABBI AJAX



MALVERN MARLINS



MELBOURNE H2O



MELBOURNE OPEN WATER



MELBOURNE VICENTRE



MELTON SWIMMING CLUB



**MORNINGTON PENINSULA
SEADRAGONS**



NORTHERN MASTERS



NUNAWADING ORCAS



PORTARLINGTON MUSSELS



POWERPOINTS MASTERS



RINGWOOD SWIMMING CLUB



SURREY PARK SEAHORSES



SWIMLAND SWIMMING CLUB

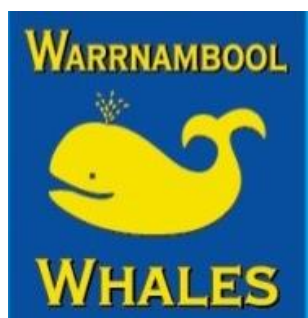


VICTORIAN MASTERS

WANGARATTA SWIMMING CLUB



WARRNAMBOOL WHALES



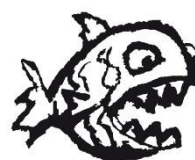
WESTERN ALLIGATORS

WESTERN ALLIGATORS



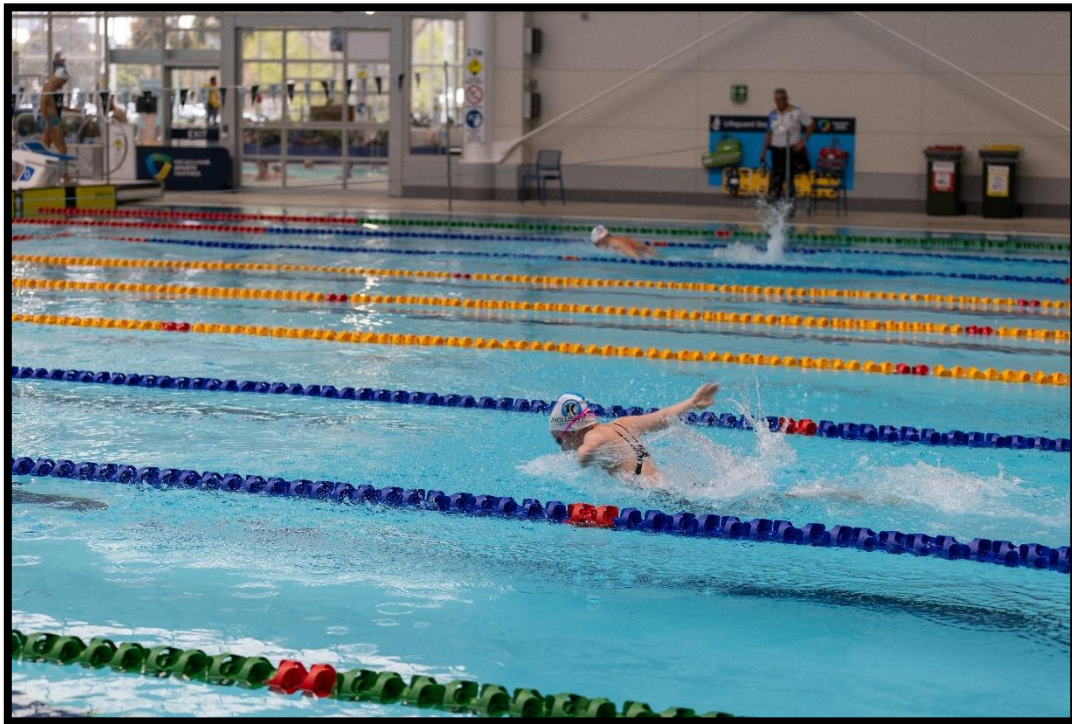
MASTERS SWIMMING CLUB

YARRA ROUGHIES



YARRA ROUGHIES

Club Reports



A VIN butterflyer at the MSV Short Course Relay Championships 2022 – Original photo by Avalon Morrison



Yarra Roughies at the MSV Short Course Relay Championships 2022



Tanya Huebner (Melbourne H2O) at the MSV Short Course Relay Championships 2022 – Original photo by Avalon Morrison



Melbourne H2O at the MSV Short Course Relay Championships 2022



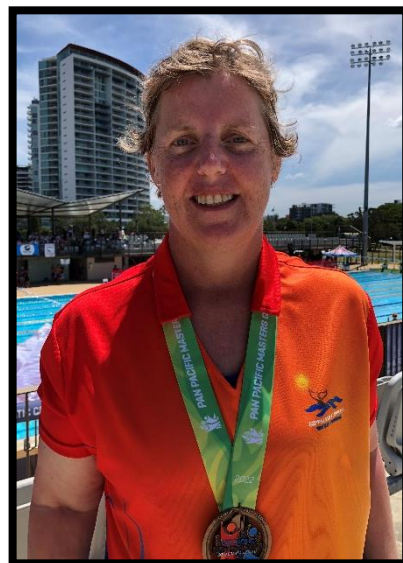
Glamourhead Sharks after training at the Carlton Baths



Glamourhead Sharks at the MS Megawim 2022



Gippsland Flippers at Gippsland Regional Aquatic Centre



Anne Gibbs (VGS) at the Pan Pacific Masters Games 22



Malvern Marlins with their new banner

Brunswick Belugas

The 2022 swim season was another successful one for our club, with the Beluga spirit, fitness, friendship, and fun, well and truly on show.

A small but mighty group of Belugas were regular attendees of swim meets throughout the year. The summer open water season, largely uninterrupted by Covid, also saw much success amongst many Belugas. We enjoyed swims on both sides of the bay, extending down the surf coast and peninsula as well as interstate swims, heading up to Noosa, Burleigh Heads and Sydney to compete in sometimes questionable conditions. Our tenth annual Winter Pier to Pub had an excellent turnout, braving the wintery conditions with gusto. Two Belugas achieved a mighty feat, completing the Rottneest solo swim. The support and love were felt from afar, with the club's WhatsApp group running hot all morning!

The club continues to welcome new members, old and new, with solid attendance at squad throughout the week and over the weekend at Brunswick Baths or Williamstown Beach. It is always exciting to welcome new members and see their progress, with many members competing in their first ocean water swims and moving up lanes at training sessions.

Our first awards night since Covid was another highlight. Our beloved 'Acoustico' was filled to the brim with Belugas, who enjoyed a meal and drink together. This night is always important in our calendar, allowing us to reflect on the year and recognise those who contribute so much to our club.

We look forward to another healthy, fun and successful year with our incredible swimming community.

Madeleine McCorkell

Secretary



Brunswick Belugas at morning training

Doncaster Dolphins

2022 saw the return to regular training after a challenging and disruptive couple of years, with our membership numbers remaining stable and good attendance at training sessions.

There has been a positive return to competition. We had 22 swimmers who participated in open water swims in 2022 with many podium finishes. In total 39 swimmers participated in at least one pool event: 12 at Sydney Nationals, 20 at MSV short course, 23 at MSV long course and 24 at the state relay meet. We had swimmers participating in the Tasmanian SC and LC Long Distance Championships, Tasmanian Winter SC Championships, NSW state LC Championships, Mildura Murray Masters Carnival and the Pan Pacific Masters Games 2022 Championships. Dolphins were also well represented at Interclubs including Powerpoints Summer Smash, Mornington Peninsula Meet, Powerpoints Winter Sprinter Time Trial and Frankston SC meet.

Our members were in record-breaking form: Catherine Wheeler and Dorothy Dickey broke 7 national records between them, individually our swimmers also broke 35 Victorian state records and 243 Club records. Our club relay teams broke 2 National records, 7 State records and 23 Club records. In the pool we had 4 swimmers who won their respective age groups in the National Swim Series (Catherine Wheeler, Dee Sheffrin, Margie Moore and Rod Clarke).

Primrose Ritchie represented Victoria at the Special Olympics Nationals which were held in Launceston. She had a very successful meet, including 3rd places in the 200 and 400m Freestyle and a silver medal in the 4x50m Freestyle relay.

Dorothy Dickey, Dee Sheffrin, Tracy Denning and Sonia Veldhoven all achieved at least one FINA World top 10 ranking in 2022 in their respective age groups.

We received a grant in late 2022 from the Victorian State government for coaches upskilling, so are working with our coaches to ensure they gain or maintain Masters qualifications.

We held our annual Swim for Life program again in 2022, with support from Bendigo Bank and Aquarena.

We have been working to achieve the goals and objectives in our Strategic Plan 2022-2026. We are looking at continuous Improvement by regularly reviewing and measuring outcomes in relation to this plan. Some of our achievements to date include:

- Thanks to the MSA “Just One more” promotion we have new signage, which has greatly enhanced our presence and visibility both at competitions and at Aquarena. This comprises two new banners, a poolside sign, a driveway sign (thanks to RT Edgar real estate agents) and a very prominent sign in the main foyer;

- Our new Club Uniform continues to be rolled out and looks very smart and eye catching;
- Promotion of our club values and the MSA Code of Conduct/ Members Protection Policy;
- An open water swim clinic at the end of 2022, which provided the attendees with some excellent tips;
- An end of year “Have your Say” survey focussing on some key and relevant areas.

Caroline Clarkson

President



Doncaster Dolphins at the MSV LC State Championships 2022



Doncaster Dolphins in front of their new sign at Aquarena

Gippsland Flippers

For a small club, plenty went on for Flippers in 2022. It began, as usual, with the memorial swim for the lovely Don Coupe, as part of the Moe Swimming Club meet. As usual, there were no difficulties filling places in the 50m Closest-to-Time Pairs Relay. Winners were long-time friend, Alison Harrower and Kat Marmara-Stewart who also knew Don since her childhood swimming days.

Friday morning swims were well attended, with visits to Blue Rock Lake, Willow Grove, Mirboo North and Warragul outdoor pools and the usual venue at Gippsland Regional Aquatic Centre in Traralgon. These are always followed by coffee and eats at the venue or a local coffee shop, providing a social situation which everyone really enjoys. We even visited the Traralgon “Cat Café” for some nice coffee and kitty cuddles!

A lovely addition this year was the birth of her first baby to one of our regular Wednesday session swimmers.

Our President decided to have a crack at the Cowes Classic, finding out how hard it is to run in sand!!

Two members decided to partake in a Come and Try Session with Latrobe Leisure, to experience Scuba Diving. (We will have a go at anything!!)

Another regular attendee kindly took us through a session of Total Immersion swimming, which was enjoyed by the dozen attendees.

Competitions attended were Long Course in Ballarat, where 2 members did our club proud and placed in their events and the Relay Meet in October, when 2 of our members joined the Virtual Masters to place in their events with randomly selected team mates.

Another member flew to the Gold Coast to compete very ably in the Pan Pacs.

Sadly, towards the end of the year, we were unable to hold our usual Wednesday training session, due to the ill health of our coach. Hopefully, we will see him return in 2023.

By far, the best thing the Club has done is to get Club bathers! These attract plenty of attention and we have conversations almost weekly about who we are. We’re a walking advertisement!!

I thank all the committee members who have assisted the club to complete another wonderful year of swimming and the eclectic bunch of members who make Flippers such a fun club to be part of.

Sue Graham, Secretary

Glamourhead Sharks

What a great year 2022 was to finally be back in the swing of regular training again after the “COVID Years”. With the launch of our new branding late in 2021 we were eager to get out and be seen again.

January and the start of swimming saw the Glamourheads go North in its aim to expand its reach with its first training session northside at Carlton Baths. The Glams continued to successfully attract new members from the Northern and Western suburbs of Melbourne with training and club activities offered at Carlton Baths and Melbourne University pools throughout 2022. By the end of the year this presence in the North is now well embedded. We are grateful to MSA for their “Just one More” grant programme which supported us providing new banners and flags for promoting the club in its efforts to expand its membership.

The Glamourheads continued its commitment to making the changes needed for a diverse and inclusive swimming environment within our own club and within the Masters Community. Several diversity initiatives were conducted during the year including club attendance and come and try / stroke correction activities offered at Brunswick, Carlton and Sunshine Pool Leisure Centre Pride events. Women’s brunches were held to connect Glams women. Awareness raising and Trans and Gender Diverse (TGD) inclusion training conducted by Proud 2 Play was made available to club members and the club also started planning for inclusion initiatives promoting TGD inclusion for 2023 and beyond. Members of the committee are also representing the club on the ongoing MSA National Gender Diversity Policy Sub-committee to discuss progress Australia wide.

In April, a year late, we celebrated our 20th anniversary with Gala event at the Pullman attended by over 100 members and also some of our dear friends within the Masters Community. Our beloved former President and Founder, Lawrie Fabian made a guest appearance flying down from Brisbane for the occasion. We also recognised and honoured 4 members of our club as Life Members: Jason Buckner, Alan Godfrey, Anna Carruthers and Beto Caceres. It is no mistake that 3 of those people are volunteer coaches with the club. Our coaches are massive contributors to our clubs and a huge part of the success of the Masters Victoria.

On the coaching front we welcomed Anthony Kattan for a period as our head coach replacing Jason Buckner who stood down from the position. Anthony’s contribution was invaluable in supporting the professional development of our coaches. As part of the recognition of our volunteer coaches we started paying for their time as acknowledgment of the huge impact they have on the club. We also welcomed back our amazing Anna Carruthers to the coaching team.

The Glams continued our community engagement throughout the year with a contingent making a colourful splash at the Pride March in St Kilda as well as our annual attendance with a stall the Midsumma Carnival. We also participated in our regular appearance at the 24hr Megaswim where we swam the greatest distance of the teams entered... again. We also held our second “Queens of the Pool” drag fundraising event in conjunction with the Melbourne Surge Waterpolo club.

For 2023 we are excited to continue the growth of the now firmly established northern & western suburbs training sessions. We will also be sending 13 swimmers to the International Gay and Lesbian Aquatics Championships in London in June 2023. We look forward to more fun and fitness and growing the club’s diversity and reach and of course connecting with our fellow Victorian Masters swimmers.

Alan Shepherd

President



Glamourhead Sharks at the Midsumma Festival 2022



Glamourhead Sharks at Pride March 2022

Goulburn Valley Crocs

We Started the year with a goal of 50 members...ended the year with 61.

We used our "Just 1 more" grant to provide scholarship memberships to University Students & also to fund monthly & annual attendance awards. Welsford Cafe continues to supply vouchers for our ever popular monthly members draws.

Our long term inaugural Coach Willy O'Callaghan retired due to ill health - we as a club owe her so much. We were very lucky Nicole Dainton was prepared to step up & be appointed head coach. Glenn Gibson our president was appointed life member before he retired to the coast - we thank him for his commitment to the Crocs.

We have Crocs competing in Open Water swims, Iron man & Triathlon & also for the Shepparton Club at the Country Championships. Interest in attending Swim meets is growing - Nicole our coach has been most active. We have growing attendance at training with up to 30 swimmers at our sessions.

Our main fundraiser is the Nagambie Swim - ably organised by John & Monica. We had great participation from our Crocs members as well as local swim clubs - a great first open water swim.

We had 8 Crocs compete either individually or in teams at the Shepparton Tri, the Wharf to Winery swim & Echuca Tri were also popular. 6 Crocs swam at the TOWSA Magnetic Island swim.

Our Australia Day breakfast fundraiser was popular with \$555 presented to local charity People Supporting people - thanks Stui for organising it again.

October saw a huge buzz for the relay meet with 25 swimmers registered- sadly the floods hit & we were unable to attend. We had club training in Benalla once the waters receded, followed by a very chilly Mooroopna pool. Ingrid organised Pilates classes for us at Fix.

The indoor pool reopened in December, the 50m not til February '23... Our hugely anticipated gas heaters & the covers for the 50m pool were destroyed- as were the change rooms.

Wendy Kingma

Inclusive Sports Training

We finished the year with 24 club members, which was consistent with the previous year.

Training returned to some normality in 2022, and many swimmers took part in various open water swims plus the triathlon season over summer.

The pool swimming year started well for the club with the MSV Short Course Championships in February. Our club ranked 6th overall with 15 members swimming.

The highest point scoring swimmers, with over 30 points for the club, were as follows.

Congratulations to them all.

1. Nikita = 59 points
2. Alice = 52 points
3. Joe = 50 points
4. Julian = 49 points
5. Molly = 38 points
6. Georgia = 37 points
7. Josita = 34 points
8. Tom = 34 points
9. Carlo = 30 points
10. Andre = 30 points

October saw the return of the MSV Club Relay Meet, which is a highlight of the swimming year for our club. IST was represented by 18 of its 24 members, which was a huge turnout.

We were very pleased to win Division Three of the Relay Championships and celebrated at a local hotel afterwards. Thank you to MSV for persisting with this fabulous event.

Our committee has remained stable and we are hoping to further reinvigorate the club with additional training sessions and social activities in 2023 - watch this space :)

Archer Talbot

Secretary

Malvern Marlins

After the previous COVID-interrupted years, in 2022 it was a joy for Malvern Marlins to be back in the water improving their swimming performances or just enjoying the freedom of 'being in the water' and swimming with friends again.

In 2022 the competitive members of the club achieved:

- 79 Individual Branch Records and 8 Relay Branch Records
- 21 Individual National Records and a number of Relay national Records

Congratulations to John Cocks who was the only Marlin to have set world records in 2022: Short Course 100m Fly, 200m and 400m IM set in Townsville at the MSQ Short Course championships. John was named "Swimmer of the Meet". In addition, John broke multiple National Records at Interstate and MSV meets during the year.

Other swimmers' highlights for 2022:

- MSA National Championships: Leigh Rodgers set 5 new National Records and Jan Jeffrey set one. Marlins were awarded 240+ Relay Trophy and the Visitor's Trophy.
- MSV Long Course Championships. Marlins attained the highest overall point score. Leigh Rodgers, Jan Jeffrey, John Cocks and Peter Couttie all set new National Records. Several of our relay teams also set new National Records.
- MSV Long Course, Long Distance Championships: Jan Jeffrey and Janette Dickey each set one new National Record whilst John Cocks set two. Overall the Marlins finished second on points scored.
- MSV Short Course Relay Meet our team of Janette Dickey, Daphne Briggs, Andrew Tucker and Mark Huggins set a National record in the mixed 4 x 200 m freestyle event. We placed second in Division 1 behind Melbourne H2O.
- The Pan Pacific Games: Pat Galvin won 3 gold medals, Andrea McNeil won 8 golds and 3 silver medals and Leigh Rodgers again set 3 new National Records.

Our membership rebounded after 2 difficult years with an increase in members to 162. Our swimmers range in age from 18 to 92 years. We introduced early morning sessions to cater for members not able to train at our normal sessions. This has proved to be most successful and has also attracted some new members. We were also able to return to some of our normal social events such as our Annual Dinner and Pole to Pole Event at Bonbeach.

Award Winners

- MSA Swimmer of the Year - John Cocks
- MSA Volunteer of the Year - Andrea McNeil
- MSV Coach of the Year - Sharon Newstead

Melbourne H2O

Over the course of 2022, Melbourne H2O Swimming Club continued to grow, with our Membership reaching over 100 for the first time. We increased our number of sessions to 15 per week, averaging 100 member swims per week! MH2O has always focused on a love of swimming and this year we were excited to make plans to offer student and health card holder discounts, ensuring everyone can access quality swimming training. Our average member age dropped to 32 years. This change in membership added a new dynamic and vibrancy to the club and we hope this will serve the club's longevity.

This year we launched/ initiated the launch of a new logo, web site, and on-line payment system, and invested in a new beach tent, flags/banners, and new merchandise. We feel very supported with a lot of new members getting involved on the committee and boosting the energy of the club and what we want to achieve!

MH2O is very proud to support the local community, and our sessions offer coaching to a broad level of ability. In consultation with the City of Stonnington, MH2O has launched an "All Abilities" session that will run during school terms. These sessions are designed for those who may normally not find a group to suit them due to age, experience, or mobility.

In October 2022, 60 members competed in the SC Masters rely championships. The club came first in Masters Swimming Victoria's Division 1. It was an amazing and exhilarating feat for all involved. We thank club members, captains and head coach Anthony Kattan who volunteered many hours to organise teams and post the event social celebration. We will continue to focus on key MSV meets to foster competitive growth in the club.

Other fun MSV events MH2O competed in include Long Course in Ballarat among others.

It was a big start to the summer of open water events and members achieved some notable results over summer.

Big thanks to our amazing head coach Anthony Kattan and assistant coach Ruby Haeusler who inspire us every day and attract members far and wide for every session.

We had many fun pub nights in 2022, culminating in an end of year event to celebrate new friendships and swimming achievements.

Louise Gardiner

Secretary

Melbourne Open Water

Melbourne OWSC was incorporated in July 2020 but did not become active until post lockdown in 2021 – see this newspaper [article](#).

Melbourne Open Water Swimming Club has two levels of membership – an OWS association membership and an MSA membership. On 31/12/22 there were 220 members of the MOWSC Inc Association and 19 MSA members.

The club committee in 2022:

- Jason Bryce President
- Neil Savage Secretary
- Kirsty Alan VP
- Dan Tait Treasurer
- Liz Zamora Assist Secretary
- Nicole Dean Committee
- Bruce Swift Committee

In 2022 our club:

- Attracted \$5,000 in donations to our Aust Sports Foundation fundraiser - <https://asf.org.au/projects/melbourne-open-water-swimming-club>
- Purchased, registered and commissioned an Inflatable Rescue Boat – see newspaper article here: <https://maribyrnonghobsonsbay.starweekly.com.au/news/open-water-swimming-club-in-williamstown-welcomes-new-safety-boat/>
- Purchased inflatable swim marker buoys and safety equipment.
- Held nine OWS events attracting over 750 swimmers including:
 - Invasion Day Smoking Ceremony and Swim.
 - Labour Day 750m Point to Point Championship
 - Altona to Williamstown 7.6km swim in April.
- Held regular Saturday OWS groups attracting over 1,500 swimmers.
- Held regular Saturday “Challenge Yourself” coached OWS lessons attracting over 400 learners
- Trained 21 members in First Aid and CPR.
- Started 4 members in the MSA Club Coach certificate.
- Produced club coach and volunteer uniforms with support from MSA Just One More funding program.
- Sent teams to the MSV Ballarat Vic Championships, MSV SC Long Distance Championships, MSV SC Relay Championships.

Jason Bryce

President

Mornington Peninsula Seadragons

The club has continued to enjoy a strong member base; we celebrate the success of another Accredited Coach within the club taking the total to four. Seadragons held their inaugural Interclub event with enormous success. 54 volunteers kindly helped out and an extraordinary turnout - the event was filled with a large number of competitors! We also had a great turn out for our own Intraclub event held and a great brunch was held afterwards. The club successfully held a CPR Accredited course with 10 members immersed in the intricacies of CPR techniques; a valuable to skill for all the community. During the Winter Solstice, the club held another flower drive, an unexpected surprise to all members and co-ordinated by the Seadragons Committee and winter fairies.

The club entered both the Power Point inter club event as well as the Frankston interclub event with a six strong team (one late knee injury restricted one keen member) as well as State Championships. Two swimmers successfully won their respective events. All events were extremely well run, and we also thank MSV officials who tirelessly give their own time at all the MSV sanctioned events! One club member entered and successfully completed the Rip Swim in July, a notoriously difficult swim across the entrance to Port Phillip Bay that is held in the winter months - we were thrilled with Laura Marshall's success. The club has many OW swimmers who regularly compete in the OW races and 2022 was no exception. A notable swim amongst many was the 20kms Great Keppel swim with 2 swimmers successfully braving it own their own and another team also completing an extraordinary event.

We were also excited to announce that our Club Captain and Coach Donna Gadsby was awarded the AUSTSWIM National Presenter of the Year.



Mornington Peninsula Masters Swimming Club 2022 Interclub

Surrey Park Seahorses

As a Club it was good to be back to a near to normal swimming year in 2022 after 2020 and 2021 were disrupted by COVID. Last year we saw a return to a full swimming program of inter and intra club competitions and open water swims. It was great to see pool decks with many active members engaged in competition again.

The year wasn't without disruption though. Works to replace all tiles on the outdoor pool were done over a 12 week period during winter. This resulted in training and endurance competition sessions being rescheduled to the indoor pool.

The Club retained the reduced membership fee for 2022 in recognition of the previously interrupted seasons as an acknowledgement of members ongoing support through the difficult period that was impacted by COVID. Our fee structure returned to a full fee paying subscription for 2023 and it is pleasing our member numbers remain strong.

The significant developments in 2022 were:

1. The integration with the MSA/MSV membership portal which has occurred quite seamlessly. Thanks to Jenny H our Membership Secretary for working with the central agencies to get this up and running for our members.
2. The review and update of the Goals and Objectives of the Club which had not been done for some 6-7 years.
3. The review and update of the committee roles and responsibilities which had similarly not been done for some time and;
4. The update of our social media policy and the website content. A sub-committee was formed to do this and HAS resulted in a much improved website and content. This work will progress next year to look at a more user friendly platform on which the website is based.

Socially we had a great year with a number of functions through the year which were enjoyed by many – notably the ten pin bowling, wine tasting and Christmas function.

Our Club is managed by a committee of dedicated volunteers who enable us to be a viable and supportive Club to all members as are our coaches who continue to offer training sessions geared to the swim calendar, ranging from open water to pool competitions as well as meeting Club members' personal goals relating to technique and fitness.

Ian Bett

President

Yarra Roughies

A lot can change in a year and 2022 provides a fitting example of that statement for the Yarra Roughies.

Continuing on the previous year's strategy of rebuilding, the committee developed an action plan to reinvigorate the club after previous years were disrupted on a number of fronts, and we are progressing with implementing that plan.

A major change was the commencement in 2022 of swim squads run by the club. Although starting later than we had hoped, we negotiated lane access with Yarra Leisure for the Yarra Roughies squad pilot, which began in May and ran until the end of July. With the excellent Tracy Drewitt on board as squad coach and initially making the sessions free for Yarra Roughies members, the well-attended 12-week pilot on Saturday mornings underpinned a fruitful membership drive.

From mid-September, the club has run a successful squad program with sessions initially held three times per week reducing to twice per week in November and December with the plan to reinstate to three times a week for 2023.

The MSV Relay meet in October added focus and impetus to the club's membership drive with the excellent outcomes being a dramatic increase in members and 17 club relay teams competing at the meet.

The continued efforts of the committee and members to support club rebuilding has been great to see. And returning to regular First Tuesday pub dinners and post-squad Saturday brunches has been a good way to maintain the Roughies community away from the pool.

The MS Mega Swim at Fitzroy Pool in February as always was a chance to swim a silly number of laps, get little sleep and raise much-needed funds for MS. The Yarra Roughies team raised \$7,430 and swam 80.9km over the 24 hours. In addition, Dan Tang won the Bruce McCulloch Memorial Award – Enthusiasm, Courage and Spirit.

Toby Lawrenson, President

Jim Milne, Treasurer

Photo credits

Thank you to Avalon Morrison for providing the beautiful cover photo and some stunning pictures from the relay meet, and to all the club leaders who provided photos for this report. All of the photos provided have been resized and/ or cropped for formatting purposes.