



POWERPOINTS
masters swimming club powerpoints.org.au

Summer Smash 2023

Long Course Time Trials

6:00pm – 8:30pm Friday 3rd March 2023

50m Outdoor Pool

Melbourne Sports and Aquatic Centre (MSAC),
Aughtie Drive, Albert Park

Events:

- | | |
|--|---------------------|
| 1. 100m Freestyle | 5. 50 m Freestyle |
| 2. 100m Backstroke | 6. 50m Backstroke |
| 3. 100m Breaststroke | 7. 50m Breaststroke |
| 4. 100m Butterfly | 8. 50m Butterfly |
| 9. 1 heat of 4 x 200m Mixed Freestyle Relay* | |

Note: - Only 5 available spots.

ALL relay swimmers must be entered in an individual race.

Warm up: 6:00pm – 6:25pm

Events: 6:30pm – 8:30pm

Maximum 4 events per swimmer.

Entries: \$25 per swimmer, entries close Monday 27th February

Enter at www.mastersswimmingvic.org

* There will be only 1 heat of the 4x200m **Mixed Free Relay** (only 5 entries will be accepted in total) - entries to be notified to president@powerpoints.org.au

All swimmers must be financial member of a Masters Swimming Australia.

Spot prizes if this is your first Masters swim meet.

Inquiries: president@powerpoints.org.au

Entries close Monday 27th Feb 11.59pm

Challenge yourself at Summer Smash