MSV Long Course State Championships 2023 Program of Events

Saturday 25 March

Warm up: 12pm – 12:45pm

Start: 1pm

Estimated finish: 4pm

Event number	Event
1	4x100m Medley Relay Women
2	4x100m Medley Relay Men
3	4x100m Medley Relay Mixed
4	200m Breaststroke
5	100m Butterfly
6	50m Freestyle
7	200m Backstroke
8	50m Breaststroke
9	200m Freestyle
10	50m Butterfly
11	4x50m Freestyle Relay Women
12	4x50m Freestyle Relay Men
13	4x50m Freestyle Relay Mixed

Sunday 26 March

Warm up: 9am – 9:45am

Start: 10am

Estimated finish: 1:30pm

Event Number	Event
14	400m Freestyle
15	100m Backstroke
16	100 Breaststroke
17	200m Butterfly
18	4x50m Medley Relay Women
19	4x50m Medley Relay Men
20	4x50m Medley Relay Mixed
21	100m Freestyle
22	50m Backstroke
23	200m Individual Medley
24	4X100m Freestyle Relay Women
25	4x100m Freestyle Relay Men
26	4x100m Freestyle Relay Mixed