# MSV Short Course Relay Championships – 2023

Come join in the fun at MSAC with your teammates! With freestyle and medley relays covering distances from 4 x 25m to 4 x 200m, there's something for everyone. This year brings back Battle of the Divisions, with clubs competing for top spot within a group of similar sized clubs. Which clubs will win?

Date:	Sunday 29th October 2023						
<u>Time:</u>	9:00am – 9:45am Warm-Up, 10am start, 4:30pm estimate						
finish							
Location:	MSAC indoor pool, 30 Aughtie Drive, Albert Park, VIC, 3052						
Cost:	Individual Registration: \$30 (allows up to 6 swims)						

Individual entries close 11:00 pm Saturday 21st October Club entries open 6am Sunday 22nd October Club entries close 11:00 pm Tuesday 24th October

#### Rules

The Meet is, will be, run according to the standard MSA rules applying to competition, and swimwear rules (eg. no general jewellery or watches, a common cause for disqualification). For more information, please visit <u>https://mastersswimming.org.au/rules-and-policies/</u>

### **Notes and FAQs**

- ALL those people wishing to swim **MUST** register via Club Assist via the MSV website (\$30 Individual Entry), which allows your club to enter you in up to 6 swims.
- Individual Entries will close 11pm Saturday 21st October to allow clubs more time to work on their team entries.
- Club / Relay Team Entries will open at 6am Sunday 22nd once the Individual registrations close. Team Entries will close at 11:59pm Tuesday 24th October.
  - Once the Individual Entries (Registrations ) close the Team Captains can enter the Relay teams via the link on the website.
  - Any designated person can enter the relays for their club. It is suggested to use one designated person to enter and pay for the entries.
  - All teams are made up of 4 people from the <u>same</u> club: 4 female or 4 male or 2 female and 2 male swimmers, according to the event.
  - A swimmer can only swim once in each event (i.e. not in different age groups of the same event). Note that 4 x 100 M/F is a different event to 4 x 100 Mixed.
- Medley Relays Note the order of strokes is: Backstroke; Breaststroke; Butterfly; Freestyle.
  - There will be some leeway for changes (due to illness etc) on the morning of the meet.

- New Swimmers who are joining MSA/MSV for the first time **MUST** join by <u>18th October</u> as the Membership portal needs a couple of days to register you.
- The same applies to anyone changing clubs or adding a Second Claim club.
- If you are a **new** member or renewing, or changing clubs, **please wait 2 days** before trying to register for the relays. You **cannot** join MSA and try and register on the same day.

# **MSAC Entry**

- Entry will be through the Aquatic Entry [Near the Multi-Deck Car Park].
- From 8:30 am to 9:00 am you will be able to walk along the lower level entry.
- The upper level walkway to the Grandstand will be open from 8:30 am.
- From 9 am onwards, entry to the Grandstands will **only** be through the upper level of the Aquatics entry. There is an elevator for those who need it.

# **Problems Completing Individual Registration**

- Have you just joined MSA/V? Wait 2 Days and try again.
- You must be a member of MSV **before registering**.
- Are you using the right date format when confirming your registration? On the MSA verification page that you are entering, is your birthdate in this format: DD/MM/YYY?
- Are you using Autofill? Please be very careful 1. The system does not like Autofill please type in your data.
  Autofill adds other user names.
- For help, please contact <u>mastersswimmingvictoria@meets.clubassistant.com</u>

# **Relay Starts and Change-Overs**

 You may start <u>in the water</u> for starts and change-overs. Please be very careful to not bump the touch pads and disturb the timing system.

## **Relay Entries and Scoring**

- As per the MSA Rules, a club can enter as many teams as they like in an event. Usually they would be in different age groups, as only 1 (one) team per age group can score points as per below.
  - For example, in a 4 x 50m event, a club could enter teams in the 120+; 160+; 200+
    280+ age groups (if they had enough different swimmers). But if they entered 2
    teams in the 240+ age group, only one team in that age group would score points.
  - Limited, of course, by the overall limit of 6 swims per swimmer for the meet.
  - Age groups are calculated by adding up the ages of the 4 swimmers in the relay. 72-99; 100-119; 120-159; 160-199; 200-239; and so on in 40 year groups. So a team of swimmers of ages 20+30+45+70 = 165 and would be in the 160-199 age group.

Place	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
Points	20	18	16	14	12	10	8	6	4	2

• See Table for Scoring.