



POWERPOINTS
masters swimming club powerpoints.org.au

First-time and long-time swimmers, please join us for:

Spring Fling 2023

Short Course Time Trials

3:00pm – 5:30pm Sunday 17th September 2023

25m Indoor Pool

Melbourne Sports and Aquatic Centre (MSAC),
Aughtie Drive, Albert Park

Events:

- 100m Freestyle
- 100m Backstroke
- 100m Breaststroke
- 100m Butterfly
- 100m Individual Medley
- 50 m Freestyle
- 50m Backstroke
- 50m Breaststroke
- 50m Butterfly

Warm up: 3:00pm – 3:30pm

Events: 3:40pm – 5:30pm

Maximum 4 events per swimmer. Entries capped at 90 swimmers

Entries: \$25 per swimmer.

Enter at www.mastersswimmingvic.org

All swimmers must be financial member of Masters Swimming Australia or an International Masters Swimming Association.
State and National Records (but not World Records) can be set.

Spot prizes if this is your first Masters swim meet.

Inquiries: president@powerpoints.org.au or 0408729652

Entries close Tuesday 12th September 11.59pm