

100 x 100m

Sunday 19 Nov 2023 - Fitzroy Pool



**YARRA ROUGHIES
MASTERS SWIM CLUB**

Test your endurance

Rest and refuel breaks throughout

Swim up to 100 x 100m in a fun environment

Choose from

- ♦ 50 x 100m
- ♦ 75 x 100m
- ♦ 100 x 100m

Nominate your time cycle when you enter

Pull buoys, fins, snorkels and paddles allowed!

All swimmers welcome

7.30am—1pm

(swimming starts
8am)

Fitzroy Swimming Pool
160 Alexandra Parade
Fitzroy 3065

Bookings open soon!

For more information contact yarraroughies@live.com

Yarra Roughies Masters Swimming Club Inc No. A0044051X

www.yarraroughies.com